



OMED[®]23

Osteopathic Medical Education Conference
Oct. 6-8 • Orlando, FL | Hybrid

The American Osteopathic Academy of Sports Medicine (AOASM) will present "Across the Spectrum: Sports Medicine for Special Populations"

President: Priscilla Tu, DO, FAOASM
Program Chair: Mark Rogers, DO, FAOASM

The program includes sports medicine topics relevant to physicians in all specialties. We will provide an in-depth review of common musculoskeletal conditions including diagnostic evaluation, management, and return-to-play considerations across pediatric, adolescent, adult, and disabled athlete populations. The program will also explore interventional management and rehabilitation of simple and complex injuries, as well as the osteopathic approach to evaluation and management. We will also look at opportunities to enhance recovery through proper nutrition and additional considerations in the active patient population.

Registration is open!
[OMED Conference Registration](#)
[AOASM OMED Homepage](#)

Questions?
AOASM: info@aoasm.org
AOA: meetings@osteopathic.org

REMINDER: Don't forget to register as **SPORTS MEDICINE** on the OMED registration form!

Friday, October 6 (AM Sessions: AOASM)

9:30 a.m.-10:15 a.m.: Updates in Management of Pulmonary Conditions in Athletes
Anne Marie Zeller, DO, MSc

10:15 a.m.-10:45 a.m.: Burnout in Pediatric Athletes
Brett DeGooyer, DO, FAOASM

10:45 a.m.-11:15 a.m.: Update on 6th International Conference on Concussion in Sport (Amsterdam 2022)
R. Robert Franks, DO, FAOASM

11:15 a.m.-12:00 p.m.: Evaluation and Treatment of Overhead Athletes (Baseball)
Dave Colvin, DPT

12:00 p.m.-12:30 p.m.: Care of the Masters Athlete
George Eldayrie, MD

Friday, October 6 (PM Joint Sessions: AAO & AOASM)

1:30 p.m.-3:00 p.m.: Osteopathy in Sports Medicine
Allison Bardowell, DO

3:00 p.m.-4:00 p.m.: Osteopathically Distinct Care of the Paralympic Athlete
Stephanie Aldret, DO

4:00 p.m.-5:00 p.m.: Pediatric OMT featuring BLT Mehar Ghei, DO

Saturday, October 7 (AM Joint Sessions: AOCPPM & AOASM)

9:30 a.m.-10:25 a.m.: Guideline Approach LBP/SIJ
Ron Tolchin, DO

10:25 a.m.-11:20 a.m.: Conservative Treatment for the Management of Sacroiliac Joint Pain
Jenny Kendall, DO

11:20 a.m.-12:10 p.m.: Interventional Approach to SIJ
Lee Neubert, DO

12:10 p.m.-12:30 p.m.: Speaker Panel (Q&A)
All Morning Speakers

Saturday, October 7 (PM Joint Sessions: ACOFP, AOASM & ACONP)

1:30 p.m.-2:30 p.m.: New CDC Guidelines on Medical Pain Management/Opioid Prescribing
J. Mark Bailey, DO, PhD, FACN

2:30 p.m.-3:30 p.m.: DOs Go Global: International Update from AOA and the Osteopathic International Alliance
Boyd Buser, DO (OIA)
Becki Giusti, DO (OIA)
Raine Richards, JD (AOA)

3:30 p.m.-4:00 p.m.: The Collapsed Athlete: Evaluation, Triage, and Treatment
Fred Brennan, DO, FAOASM, FAAFP, FACSM, FAMSSM

4:00 p.m.-5:00 p.m.: OMT of the Foot & Ankle
Priscilla Tu, DO, FAAFP, FAOASM, FAAMA, FACOFP

Sunday, October 8 (AM Joint Sessions: ACOFP & AOASM)

8:00 a.m.-8:30 a.m.: Common Dermatological Conditions in Sports Medicine
Jason Smith, DO, FAOASM

8:30 a.m.-9:00 a.m.: Healthcare for the LGBTQ+ Athlete and Adult
Patrick McLendon, DO

9:00 a.m.-9:30 a.m.: Cardiac Considerations in Sports Medicine
Bhavesh Joshi, DO, FAOASM, MSMEEd

9:30 a.m.-10:00 a.m.: Exercise for Performance
Jeffrey Bytomski, DO, FAOASM

10:00 a.m.-10:30 a.m.: Carbohydrate vs Carbohydrate-Protein Consumption during the Early Hours of Recovery from Exhaustive Exercise: Why Wait?
Erica Goldstein, PhD, RDN, CSCS

10:30 a.m.-11:00 a.m.: Management of Common Sports Medicine Conditions: A Case-Based Approach
Stephen Henry, DO

11:00 a.m.-12:00 p.m.: High Yield OMM for the Hospitalized Patient
Abby Rhoads, DO
Ashley Legg, DO
Miriam Balasundram, DO
Tatiana Fech, DO

Sunday, October 8 (PM Joint Sessions: AAO & AOASM)

1:30 p.m.-2:30 p.m.: McKenzie Method of Mechanical Diagnosis & Therapy (MDT)
Christopher Rogers, PT, MPT, Cert. MDT, CIDN, AIB-VR/CON, CSMS

2:30 p.m.-5:00 p.m.: Pelvic Anatomy and Transitional Treatments to Pelvic Physical Therapy
Kristina Cole, DPT

