



Preliminary Schedule-at-a-Glance (Times in CDT)

Tuesday, April 30

Pre-Conference Workshops

7:00 a.m. - 8:30 a.m.

AOASM Pre-Conference Workshop Registration Open

8:00 a.m. - 12:00 noon &

1:00 p.m. - 5:30 p.m.

AOASM Sports Medicine Board Review Course

Course Co-Directors:

Jason Smith, DO, FAOASM

Mark Rogers, DO, FAOASM

(Available at an additional fee)

8:00 a.m. - 12:00 noon &

1:00 p.m. - 5:30 p.m.

Fascial Distortion Model Workshop

Course Director: Todd Capistrant, DO

(Available at an additional fee)

Wednesday, May 1 (AM)

Moderator: Josh Priddle, DO

7:00 a.m. - 5:30 p.m.

AOASM Registration Open

8:00 a.m. - 8:15 a.m.

Welcome and Introductions

President: Priscilla Tu, DO, FAOASM

Program Chair: Kate Quinn, DO, FAOASM

8:15 a.m. - 9:00 a.m.

Research in the Professional Athlete and Applications to Collegiate and Youth Sports

Jesse Shaw, DO

9:00 a.m. - 9:30 a.m.

Pickleball: It's a Big Dill

Blake Boggess, DO, FAOASM &

Brett DeGooyer, DO, FAOASM

9:30 a.m. - 10:00 a.m.

Approaching Difficult Relationships within the Sports Medicine Team

Patrick Leary, DO, FAOASM

10:00 a.m. - 10:30 a.m.

Refreshment Break

10:30 a.m. - 11:30 a.m.

BMX Racing and Medicine

Shane Fernandez, President of USA BMX

11:30 a.m. - 12:00 p.m.

Business Meeting

12:00 p.m. - 12:30 p.m.

Resident/Fellow Meeting

12:00 p.m. - 1:30 p.m.

Lunch (On Your Own)

Wednesday, May 1 (PM)

Moderator: Jacob Turnbull, DO



1:30 p.m. - 2:15 p.m.

Rusty Wright Memorial

Lecture:

The Paralympic Athlete

Perspective-Sitting

Volleyball and Track and

Field Para Athletics

Roderick Green

2:15 p.m. - 3:00 p.m.

Public Health and Wellness of the Cherokee Nation

David Gahn, MD, MPH

3:00 p.m. - 3:30 p.m.

Refreshment Break

3:00 p.m. - 3:30 p.m.

AOASM 2025 Planning Meeting

2025 Program Chair: Mark Rogers, DO,

FAOASM

3:30 p.m. - 4:00 p.m.

Regenerative Medicine Use in the Athlete - A look at Adipose/MFAT/MSC

Elan Goldwasser, DO, FAOASM

4:00 p.m. - 4:30 p.m.

Regenerative Medicine Use in the Athlete - A look at Regenerative Injection Therapy

Greg Hon, DO

4:30 p.m. - 5:00 p.m.

Improving Post-Fracture Care: An Update with Osteoanabolic Therapy

Gillian Woolridge, DO, FAOASM

5:00 p.m. - 5:15 p.m.

Q&A

5:15 p.m. - 7:00 p.m.

Welcome Reception

Poster Session

Exhibitor Time

7:00 p.m. - 9:00 p.m.

Speed Mentoring

Thursday, May 2 (AM)

Moderator: Jessica Huerta, DO

7:00 a.m. - 4:00 p.m.

AOASM Registration Open

8:00 a.m. - 8:30 a.m.

Car Racing Medicine

Travis Smith, DO

8:30 a.m. - 9:00 a.m.

Aviation Medicine

Josh Priddle, DO

9:00 a.m. - 9:30 a.m.

Medical Considerations in the Rowing Athlete

Ashley Sturts, DO

9:30 a.m. - 10:00 a.m.

The Care of the Equestrian Athlete

Brett Sprouse, DO

10:00 a.m. - 10:30 a.m.

Refreshment Break & Exhibitor Time

10:30 a.m. - 11:15 a.m.

Water You Gonna Do for an Athlete in the Water? Drowning and Water Related Trauma

Ben Abo, DO



11:15 a.m. - 12:15 p.m.

Allan Jacobs Memorial

Lecture:

Beyond One Size Fits

All: Tailoring Exercise

Prescriptions Based on

Current Research and

Diverse Population

Preferences

Alexis Jones, PhD



Schedule-at-a-Glance (Times in CDT)

12:15 p.m. - 1:45 p.m.
Lunch (On Your Own)

Thursday, May 2 (PM)

Moderators: Kate Quinn, DO, FAOASM; Annemarie Beran; Chase Bowman; Cara Conrad

1:45 p.m. - 3:00 p.m.
BREAKOUT: The Fascial Distortion Model
 Todd Capistrant, DO

1:45 p.m. - 3:00 p.m.
BREAKOUT: Improving Post-Fracture Care: an Update with Osteoanabolic Therapy
 Gillian Woolridge, DO, FAOASM

1:45 p.m. - 3:00 p.m.
BREAKOUT: Regenerative Medicine Use in the Athlete-A look at Adipose/MFAT/ MSC
 Elan Goldwaser, DO, FAOASM

1:45 p.m. - 3:00 p.m.
BREAKOUT: Regenerative Injection Therapy
 Greg Hon, DO

3:00 p.m. - 3:30 p.m.
Refreshment Break & Exhibitor Time

3:00 p.m.-3:30 p.m.
OMED Planning Meeting
 2024 Program Chair: Brett DeGooyer, DO, FAOASM

3:30 p.m. - 5:00 p.m.
BREAKOUT: The Fascial Distortion Model (Session 2)
 Todd Capistrant, DO

3:30 p.m. - 5:00 p.m.
BREAKOUT: Improving Post-Fracture Care: an Update with Osteoanabolic Therapy (Session 2)
 Gillian Woolridge, DO, FAOASM

3:30 p.m. - 5:00 p.m.
BREAKOUT: Regenerative Medicine Use in the Athlete-A look at Adipose/MFAT/ MSC (Session 2)
 Elan Goldwaser, DO, FAOASM

3:30 p.m. - 5:00 p.m.
BREAKOUT: Regenerative Injection Therapy (Session 2)
 Greg Hon, DO

5:15 p.m. - 6:30 p.m.
Resident/Fellow Social Event
 Location: TBA

6:30 p.m. - 10:00 p.m.
Group Outing: Tulsa Drillers Minor League Baseball Game
(Available at an additional fee)

Friday, May 3 (AM)

Moderator: Jos Edison, DO

7:00 a.m. - 3:30 p.m.
AOASM Registration Open

8:00 a.m. - 8:30 a.m.
Surgical Updates in ACL Repair
 Michael Padilla, MD

8:30 a.m. - 10:00 a.m.
Case & Research Podium Presentations
 Moderator: John Luksch, DO, FAOASM

10:00 a.m. - 10:30 a.m.
Refreshment Break & Exhibitor Time

10:30 a.m. - 12:00 p.m.
BREAKOUT: Student Workshop
 Moderator: Annemarie Beran

10:30 a.m. - 11:00 a.m.
Cutting Edge Concussion Recovery
 Doyle Walker, PT

11:00 a.m. - 11:30 a.m.
Blood Flow Restriction Techniques in the Athlete
 Bhavesh Joshi, DO, FAOASM

11:30 a.m. - 12:00 p.m.
Techniques for Recovery in the Athlete-NATA Exchange Lecture
 Bryan Schopieray, ATC

12:00 p.m. - 12:15 p.m.
Poster and Podium Awards Presentation
 Committee Chair: John Luksch, DO, FAOASM

12:15 p.m. - 1:30 p.m.
Lunch (On Your Own)

12:15 p.m. - 1:30 p.m.
Student/Resident/Fellow Luncheon
Please sign up for this event only if you are a student/resident/fellow. Pre-registration is required to attend this event.

12:45 p.m. - 1:30 p.m.
Fellowship Fair

Friday, May 3 (PM)

Moderators: Kate Quinn, DO, FAOASM; Annemarie Beran; Chase Bowman; Cara Conrad

1:30 p.m. - 3:00 p.m.
BREAKOUT: Blood Flow Restriction Techniques in the Athlete Practical Applications
 Bhavesh Joshi, DO, FAOASM

1:30 p.m. - 3:00 p.m.
BREAKOUT: Tendinopathy - Practical Treatment Considerations
 Dominic King, DO, FAOASM

1:30 p.m. - 3:00 p.m.
BREAKOUT: OMT for Runners
 Nathan Fitton, DO

1:45 p.m. - 4:15 p.m.
BREAKOUT: Faculty Development
 Chris Rial, DO

3:00 p.m. - 3:30 p.m.
Refreshment Break



Schedule-at-a-Glance (Times in CDT)

3:30 p.m. - 5:00 p.m.

BREAKOUT: Blood Flow Restriction Techniques in the Athlete Practical Applications (Session 2)

Bhavesh Joshi, DO, FAOASM

3:30 p.m. - 5:00 p.m.

BREAKOUT: Tendinopathy - Practical Treatment Considerations (Session 2)

Dominic King, DO, FAOASM

3:30 p.m. - 5:00 p.m.

BREAKOUT: OMT for Runners (Session 2)

Nathan Fitton, DO

6:00 p.m. - 7:30 p.m.

Award of Fellow Reception

Saturday, May 4 (AM)

Moderator: Tucker Leigh, DO

7:00 a.m. - 11:00 a.m.

AOASM Registration Open

8:30 a.m. - 9:00 a.m.

Identity Transition From Collegiate or Professional to Non-Competitive Athlete

Randy Aldret, ATC

9:00 a.m. - 9:45 a.m.

Psychological Impact of Transition out of Sport

Erin Hatch, PsyD

9:45 a.m. - 10:00 a.m.

Q&A

10:00 a.m. - 10:15 a.m.

Refreshment Break

10:15 a.m. - 10:45 a.m.

PCSM Perspective of the Transition to a Non-Competitive Athlete

Stacey Dault, DO

10:45 a.m. - 11:15 a.m.

Athletic Trainer and Athlete Relationship

James Manfield, ATC

11:15 a.m. - 11:30 a.m.

Q&A

11:30 a.m.

Conference Adjourns



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