



Detailed Schedule-at-a-Glance (Times in CDT)

Tuesday, April 30

Pre-Conference Workshops

7:00 a.m. - 8:30 a.m.

Tulsa Ballroom Foyer (First Floor)

AOASM Pre-Conference Workshop Registration Open

For detailed pre-conference workshop agendas, click on each workshop below.

7:30 a.m. - 12:00 noon &

1:00 p.m. - 5:30 p.m.

Promenade Ballroom A (Second Floor)

AOASM Sports Medicine Board Review Course

Course Co-Directors:

Jason Smith, DO, FAOASM

Mark Rogers, DO, FAOASM

(On-site registration available at an additional fee)

8:00 a.m. - 12:00 noon &

1:30 p.m. - 5:30 p.m.

Promenade Ballroom B (Second Floor)

Fascial Distortion Model Workshop

Course Director: Todd Capistrant, DO

(On-site registration available at an additional fee)

4:00 p.m. - 6:00 p.m.

Tulsa Ballroom Foyer (First Floor)

AOASM Registration Open

6:00 p.m. - 9:30 p.m.

Oklahoma Ballroom (First Floor)

AOASM Board Meeting

Wednesday, May 1 (AM)

Moderator: Josh Priddle, DO

7:00 a.m. - 5:30 p.m.

Tulsa Ballroom Foyer (First Floor)

AOASM Registration Open

7:30 a.m. - 8:30 a.m.

Oklahoma Ballroom (First Floor)

Light Continental Breakfast

8:00 a.m. - 8:15 a.m.

Tulsa Ballroom South (First Floor)

Welcome and Introductions

President: Priscilla Tu, DO, FAOASM

Program Chair: Kate Quinn, DO, FAOASM

8:15 a.m. - 9:00 a.m.

Tulsa Ballroom South (First Floor)

Research in the Professional Athlete and Applications to Collegiate and Youth Sports

Jesse Shaw, DO

9:00 a.m. - 9:30 a.m.

Tulsa Ballroom South (First Floor)

Pickleball: It's a Big Dill

Blake Boggess, DO, FAOASM;

Brett Degooyer, DO, FAOASM

9:30 a.m. - 10:00 a.m.

Tulsa Ballroom South (First Floor)

Approaching Difficult Relationships within the Sports Medicine Team

Patrick Leary, DO, FAOASM

10:00 a.m. - 10:30 a.m.

Oklahoma Ballroom (First Floor)

Refreshment Break

10:30 a.m. - 11:30 a.m.

Tulsa Ballroom South (First Floor)

BMX Racing and Medicine

Shane Fernandez, President of USA BMX

11:30 a.m. - 12:00 p.m.

Tulsa Ballroom South (First Floor)

AOASM Business Meeting

Priscilla Tu, DO, FAOASM;

Susan Rees (AOASM Executive Director)

12:00 p.m. - 12:30 p.m.

Promenade Ballroom A (Second Floor)

Resident/Fellow Meeting

12:00 p.m. - 1:30 p.m.

Attendee Lunch (On Your Own)

Wednesday, May 1 (PM)

Moderator: Jacob Turnbull, DO



1:30 p.m. - 2:15 p.m.

Tulsa Ballroom South (First Floor)

Rusty Wright Memorial Lecture: The Paralympic Athlete Perspective- Sitting Volleyball and Track and Field Para Athletics

Roderick Green

2:15 p.m. - 3:00 p.m.

Tulsa Ballroom South (First Floor)

Public Health and Wellness of the Cherokee Nation

David Gahn, MD, MPH

3:00 p.m. - 3:30 p.m.

Oklahoma Ballroom (First Floor)

Refreshment Break

3:00 p.m. - 3:30 p.m.

Executive (Second Floor)

AOASM 2025 Planning Meeting

2025 Program Chair: Mark Rogers, DO, FAOASM

3:30 p.m. - 4:00 p.m.

Tulsa Ballroom South (First Floor)

Regenerative Medicine Use in the Athlete - A look at Adipose/MFAT/MSC

Elan Goldwaser, DO, FAOASM

4:00 p.m. - 4:30 p.m.

Tulsa Ballroom South (First Floor)

Regenerative Medicine Use in the Athlete - A look at Regenerative Injection Therapy

Greg Hon, DO

4:30 p.m. - 5:00 p.m.

Tulsa Ballroom South (First Floor)

Improving Post-Fracture Care: An Update with Osteoanabolic Therapy

Gillian Wooldridge, DO, FAOASM

5:00 p.m. - 5:15 p.m.

Tulsa Ballroom South (First Floor)

Q&A

5:15 p.m. - 7:00 p.m.

Tulsa Ballroom North (First Floor)

Welcome Reception

Exhibitor Time

5:30 p.m. - 7:00 p.m.

Tulsa Ballroom Central (First Floor)

Poster Session

Moderator: John Luksch, DO, FAOASM

(Authors will be present)



Schedule-at-a-Glance (Times in CDT)

Poster Presenters:

3. Shane Bealer
4. Annemarie Beran; Marina Sendek
5. Jeffrey Berg
6. Tyler Bittner
7. Nathan Boys
8. Daniel Brannen
9. Brady Clark
10. Cara Conrad
11. Dexter Dale
12. Joseph Eid; Joshua Priddle
13. Ashley Ezekpo
14. Ashley Ezekpo
15. Max Farenwald
16. Devyn Gibby; Michael Corrado
17. Hayden Hackman
18. Ashley Henning
19. Chris Hong
20. Valerie Hopper
21. Tyler Ingersoll
23. Maxim Kostyk
24. Genesis Lambert
25. Christine Lomiguen; Christopher Rial
26. Chris Mariano; Marissa Meyer
27. Ashley McCurdy; Rebecca Skains
28. Jens Melby
29. Keith Messenger
30. Megan Gordon
31. Minali Nemani
32. Kaiser Nieman; Cody Majeskie; Erin Robbins
33. Brooke Ott
34. Rajinder Persaud
35. Alexander Porter
36. Austin Priaulx
37. Kelsie Rhyne; Benjamin Boswell
38. Rileigh Ricken; Drake Short
39. Paul Rowe
40. Chelsea Rubis; Fumi Adesanya
41. Steven Sasser; Armand Cox
42. Marina Sendek
43. Michael Shaffer II
44. Janine Wong
45. Josh Worley
46. David Wu; Madison Farmer
47. Anton Agana
48. Molly Bekbolatova; John Bianchi
49. Chase Bowman
51. Christopher Conquest
52. Steven Gawrys
53. Nicholas Hora
54. Conner Howard
55. Jake Checketts
56. Jeremy Scott

57. Corina Martinez
58. Jessica Motley
60. Keaton Taber; Madeline Taber
61. Sean Thuesen

Please note: Any poster numbers not shown have been withdrawn.

[To view poster presenter titles, click here.](#)

A special thank you to our case & research poster judges this year.

7:00 p.m. - 9:00 p.m.
Oklahoma Ballroom (First Floor)
Speed Mentoring
Organizers:
Gillian Wooldridge, DO, FAOASM
Jason Smith, DO, FAOASM

Thursday, May 2 (AM)
Moderator: Jessica Huerta, DO

7:15 a.m. - 3:30 p.m.
Tulsa Ballroom Foyer (First Floor)
AOASM Registration Open

7:30 a.m. - 8:30 a.m.
Tulsa Ballroom Foyer (First Floor)
Light Continental Breakfast

8:00 a.m. - 8:30 a.m.
Tulsa Ballroom South (First Floor)
Car Racing Medicine
Travis Smith, DO

8:30 a.m. - 9:00 a.m.
Tulsa Ballroom South (First Floor)
Aviation Medicine
Josh Priddle, DO

9:00 a.m. - 9:30 a.m.
Tulsa Ballroom South (First Floor)
Medical Considerations in the Rowing Athlete
Ashley Sturts, DO

9:30 a.m. - 10:00 a.m.
Tulsa Ballroom South (First Floor)
The Care of the Equestrian Athlete
Brett Sprouse, DO

9:30 a.m. - 3:30 p.m.
Tulsa Ballroom North (First Floor)
Exhibit Hall Open

10:00 a.m. - 10:30 a.m.
Tulsa Ballroom North (First Floor)
Refreshment Break & Exhibitor Time

10:30 a.m. - 11:15 a.m.
Tulsa Ballroom South (First Floor)
Water You Gonna Do for an Athlete in the Water? Drowning and Water Related Trauma
Ben Abo, DO



11:15 a.m. - 12:15 p.m.
Tulsa Ballroom South (First Floor)
Allan Jacobs Memorial Lecture: Beyond One Size Fits All: Tailoring Exercise Prescriptions Based on Current Research and Diverse Population Preferences
Alexis Jones, PhD

12:15 p.m. - 1:45 p.m.
Attendee Lunch (On Your Own)

Thursday, May 2 (PM)
Moderators: Annemarie Beran; Chase Bowman; Cara Conrad, DO; Trent Griner, DO

1:45 p.m. - 3:00 p.m.
Promenade Ballroom B (Second Floor)
BREAKOUT: The Fascial Distortion Model (Session 1)
Todd Capistrant, DO

1:45 p.m. - 3:00 p.m.
Tulsa Ballroom South (First Floor)
BREAKOUT: Improving Post-Fracture Care: an Update with Osteoanabolic Therapy (Session 1)
Gillian Wooldridge, DO, FAOASM

1:45 p.m. - 3:00 p.m.
Oklahoma Ballroom (First Floor)
BREAKOUT: Regenerative Medicine Use in the Athlete-A look at Adipose/MFAT/ MSC (Session 1)
Elan Goldwaser, DO, FAOASM



Schedule-at-a-Glance (Times in CDT)

1:45 p.m. - 3:00 p.m.
Promenade Ballroom A (Second Floor)
BREAKOUT: Regenerative Injection Therapy (Session 1)
Greg Hon, DO

3:00 p.m. - 3:30 p.m.
Tulsa Ballroom North (First Floor)
Refreshment Break & Exhibitor Time

3:00 p.m.-3:30 p.m.
Executive (Second Floor)
OMED Planning Meeting
2024 Program Chair: Brett DeGooyer, DO, FAOASM

3:30 p.m. - 5:00 p.m.
Promenade Ballroom B (Second Floor)
BREAKOUT: The Fascial Distortion Model (Session 2)
Todd Capistrant, DO

3:30 p.m. - 5:00 p.m.
Tulsa Ballroom South (First Floor)
BREAKOUT: Improving Post-Fracture Care: an Update with Osteoanabolic Therapy (Session 2)
Gillian Wooldridge, DO, FAOASM

3:30 p.m. - 5:00 p.m.
Oklahoma Ballroom (First Floor)
BREAKOUT: Regenerative Medicine Use in the Athlete-A look at Adipose/MFAT/ MSC (Session 2)
Elan Goldwaser, DO, FAOASM

3:30 p.m. - 5:00 p.m.
Promenade Ballroom A (Second Floor)
BREAKOUT: Regenerative Injection Therapy (Session 2)
Greg Hon, DO

6:00 p.m. - 10:00 p.m.
Group Outing: Tulsa Drillers Minor League Baseball Game
Gates Open: 6:00 p.m.
Game Time: 7:00 p.m.
(Reminder: The two-hour all-you-can-eat buffet is available from 6:00 p.m. - 8:00 p.m.)

Friday, May 3 (AM)

Moderator: Joseph Edison, DO, FAOASM

7:15 a.m. - 3:30 p.m.
Tulsa Ballroom Foyer (First Floor)
AOASM Registration Open

7:30 a.m. - 8:30 a.m.
Tulsa Ballroom North (First Floor)
Light Continental Breakfast
(Grab a bite to eat while visiting with the exhibitors!)

7:30 a.m. - 10:30 a.m.
Tulsa Ballroom North (First Floor)
Exhibit Hall Open
(Last chance to visit the exhibitors!)

8:00 a.m. - 8:30 a.m.
Tulsa Ballroom South (First Floor)
Surgical Updates in ACL Repair
Michael Padilla, MD

8:30 a.m. - 10:00 a.m.
Tulsa Ballroom South (First Floor)
Case & Research Podium Presentations
Moderator: John Luksch, DO, FAOASM

Case Podium Presenters

1. Brett Brodsky, DO
Pancreatic Laceration in a Division III College Football Player
2. Steven Gawrys, BS
Pyomyositis in Adolescent Elite Athlete
3. Tyler Wilson, BS
A First Rib Fracture and Pseudoarthrosis in a Collegiate Football Player.

Research Podium Presenters

4. Nathan Fitton, DO, FAOASM
The Effect of Sport Specialization on Injury Risk in NCAA Athletes: Results From the SAFE Consortium
5. Vincent Marshall, DO
Medical Encounters and Medical Tent Utilization at the Cleveland Marathon
6. Kelsie Sirak, BS
Comparison of TT-PCL distance to other MRI measurements in patients with a history of patellar dislocation

A special thank you to our case & research podium judges this year.

10:00 a.m. - 10:30 a.m.
Tulsa Ballroom North (First Floor)
Refreshment Break & Exhibitor Time
(Last day!)

10:30 a.m. - 11:00 a.m.
Tulsa Ballroom South (First Floor)
Cutting Edge Concussion Recovery
Doyle Walker, PT

10:30 a.m. - 12:00 p.m.
Oklahoma Ballroom (First Floor)
BREAKOUT: Student Lectures
Moderator: Annemarie Beran

- 10:30 a.m. - 11:10 a.m.
Pediatric Apophyseal Injuries
Olabode Agaja, DO
- 11:20 a.m. - 12:00 p.m.
Combat Sports
Rance McClain, DO, FAOASM

11:00 a.m. - 11:30 a.m.
Tulsa Ballroom South (First Floor)
Blood Flow Restriction Techniques in the Athlete
Bhavesh Joshi, DO, FAOASM

11:30 a.m. - 12:00 p.m.
Tulsa Ballroom South (First Floor)
Techniques for Recovery in the Athlete (NATA Exchange Lecture)
Bryan Schopieray, ATC

12:00 p.m. - 12:15 p.m.
Tulsa Ballroom South (First Floor)
Case and Research Poster and Podium Award Presentation
Committee Chair: John Luksch, DO, FAOASM

12:15 p.m. - 1:30 p.m.
Attendee Lunch (On Your Own)

12:15 p.m. - 1:00 p.m.
Promenade CD (Second Floor)
Student/Resident/Fellow Luncheon
(Pre-registration is required to attend this event.)

12:45 p.m. - 1:30 p.m.
Promenade CD (Second Floor)
Fellowship Fair
(All are welcome to attend this event!)



Schedule-at-a-Glance (Times in CDT)

Friday, May 3 (PM)

Moderators: Annemarie Beran;
Chase Bowman; Cara Conrad, DO;
Trent Griner, DO

1:30 p.m. - 3:00 p.m.
Promenade Ballroom A (Second Floor)
BREAKOUT: Blood Flow Restriction Techniques in the Athlete Practical Applications (Session 1)
Bhavesh Joshi, DO, FAOASM

1:30 p.m. - 3:00 p.m.
Tulsa Ballroom South (First Floor)
BREAKOUT: Tendinopathy - Practical Treatment Considerations (Session 1)
Dominic King, DO, FAOASM

1:30 p.m. - 3:00 p.m.
Promenade Ballroom B (Second Floor)
BREAKOUT: OMT for Runners (Session 1)
Nathan Fitton, DO, FAOASM

1:45 p.m. - 4:15 p.m.
Oklahoma Ballroom (First Floor)
Academic Medicine Forum, Clinical Teaching Updates
Chris Rial, DO, FAOASM

3:00 p.m. - 3:30 p.m.
Tulsa Ballroom North (First Floor)
Refreshment Break

3:30 p.m. - 5:00 p.m.
Promenade Ballroom A (Second Floor)
BREAKOUT: Blood Flow Restriction Techniques in the Athlete Practical Applications (Session 2)
Bhavesh Joshi, DO, FAOASM

3:30 p.m. - 5:00 p.m.
Tulsa Ballroom South (First Floor)
BREAKOUT: Tendinopathy - Practical Treatment Considerations (Session 2)
Dominic King, DO, FAOASM

3:30 p.m. - 5:00 p.m.
Promenade Ballroom B (Second Floor)
BREAKOUT: OMT for Runners (Session 2)
Nathan Fitton, DO, FAOASM

6:00 p.m. - 7:30 p.m.
Promenade Ballroom CD (Second Floor)
Award of Fellow Reception
Congratulations AOASM 2024 Fellows!
(Advance ticket purchase is suggested, however, onsite registration is available at the event.)

Saturday, May 4 (AM)

Moderator: Tucker Leigh, DO

8:00 a.m. - 11:00 a.m.
Tulsa Ballroom Foyer (First Floor)
AOASM Registration Open

8:00 a.m. - 9:30 a.m.
Tulsa Ballroom North (First Floor)
Light Continental Breakfast

8:30 a.m. - 9:00 a.m.
Tulsa Ballroom South (First Floor)
Identity Transition From Collegiate or Professional to Non-Competitive Athlete
Randy Aldret, ATC

9:00 a.m. - 9:45 a.m.
Tulsa Ballroom South (First Floor)
Psychological Impact of Transition Out of Sport
Erin Hatch, PsyD

9:45 a.m. - 10:00 a.m.
Tulsa Ballroom South (First Floor)
Q&A

10:00 a.m. - 10:30 a.m.
Tulsa Ballroom South (First Floor)
AOA Update
Robert G. G. Piccinini, DO, D.FACN
AOA Board of Trustee

10:30 a.m. - 10:45 a.m.
Tulsa Ballroom North (First Floor)
Refreshment Break

10:45 a.m. - 11:15 a.m.
Tulsa Ballroom South (First Floor)
PCSM Perspective of the Transition to a Non-Competitive Athlete
Stacey Dault, DO

11:15 a.m. - 11:45 a.m.
Tulsa Ballroom South (First Floor)
Athletic Trainer and Athlete Relationship
James Mansfield, ATC

11:45 a.m. - 12:00 p.m.
Tulsa Ballroom South (First Floor)
Q&A

12:00 p.m.
Conference Adjourns

AOASM Conference Evaluation!

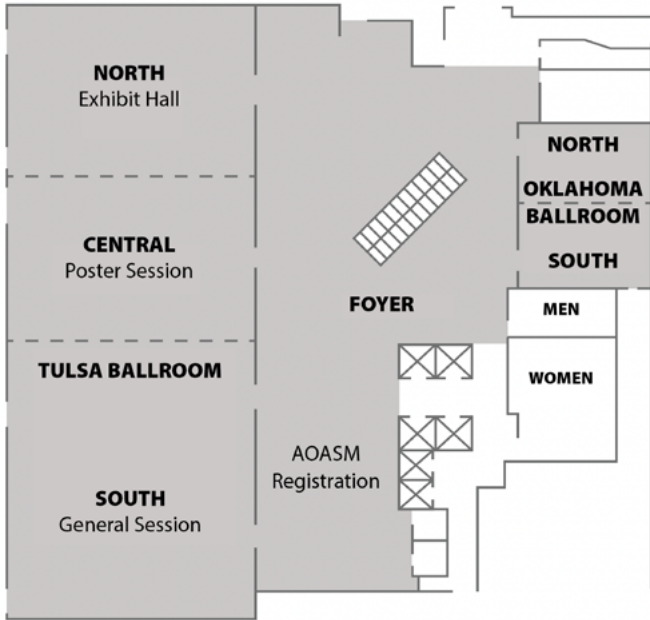
Thank you again for attending AOASM 2024 this year in Tulsa, OK!

From **Saturday, May 4 to Friday, May 31**, the AOASM 2024 meeting evaluation form will be located here at: surveymonkey.com/r/LGZ3KZW

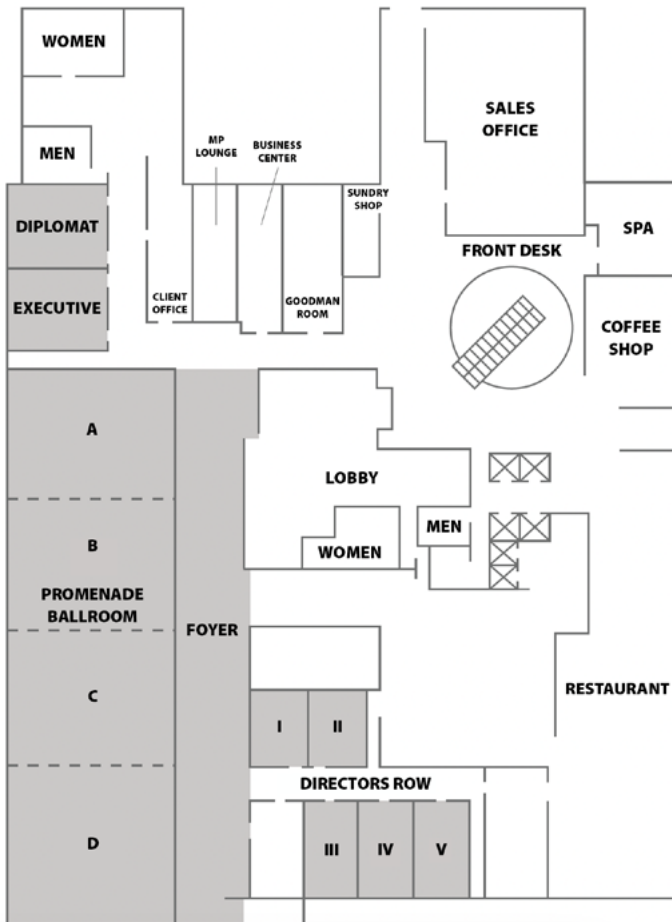
Please take time to comment on the conference. We listen to what you have to say, and try to incorporate your comments and suggestions into future conferences. Please complete the online evaluation form before **May 31, 2024**. Thank you.



Clinical Conference Maps



FIRST FLOOR
LOWER LOBBY LEVEL



SECOND FLOOR
LOBBY LEVEL



Clinical Conference Maps

NORTH & CENTRAL TULSA BALLROOM POSTER SESSION & EXHIBIT HALL

