



Pre-Conference Workshop

AOASM Sports Medicine Board Review Course For Initial Certification and Recertification

Tuesday, April 30th, 2024 • 7:30 a.m. - 5:30 p.m.*

Location: Promenade Ballroom A (Second Floor)

Course Faculty:

Jason Smith, DO, FAOASM (Co-Organizer)
Mark Rogers, DO, FAOASM (Co-Organizer)
Bhavesht Joshi, DO, FAOASM
Mary Solomon, DO, FAOASM
Priscilla Tu, DO, FAOASM
Anne Marie Zeller, DO, FAOASM

Course Description:

The AOASM Sports Medicine Board Review Course for Initial Certification and Recertification will provide the sports medicine physician with an overview of the important aspects of sports medicine. Sports Medicine Experts will give in-depth, engaging, fast paced, and high-yield lectures on board-relevant subjects in sports medicine. Each lecture will be followed by a question and answer session. This course is designed to prepare the sports medicine specialist for the CAQ Sports Medicine Board Exam, it will also provide the practicing physician with an update on the latest evidence-based knowledge in sports medicine. The course will conclude with a take-home written exam with relevant questions and answers that can be used for board preparation. **This is the ONLY Sports Medicine Board review course that will encompass Osteopathic principles.**

Your Workshop Registration Fee includes:

- Refreshment breaks
- Workshop materials
- Up to **8.5** AOA Category 1-A CME credit hours

2024 AOASM Sports Medicine Board Review Course Agenda

7:00 a.m. - 7:30 a.m. **Registration**

7:30 a.m. - 9:30 a.m. **Medical Care and Supervision of Athletes** – Dr. Smith

- Role of the Team Physician
- Event Administration
- Preparticipation Exam

Special Considerations in Sports Medicine – Dr. Solomon

- The Pediatric Athlete
- The Master's Athlete
- The Adaptive Athlete
- The Female Athlete

Conditioning and Training

- Exercise Physiology – Dr. Zeller
- Biomechanics – Dr. Rogers
- Principles of Musculoskeletal Rehab – Dr. Rogers
- Exercise Screening, Testing and Prescription – Dr. Tu
- Nutrition – Dr. Solomon



Pre-Conference Workshop

AOASM Sports Medicine Board Review Course For Initial Certification and Recertification (Continued)

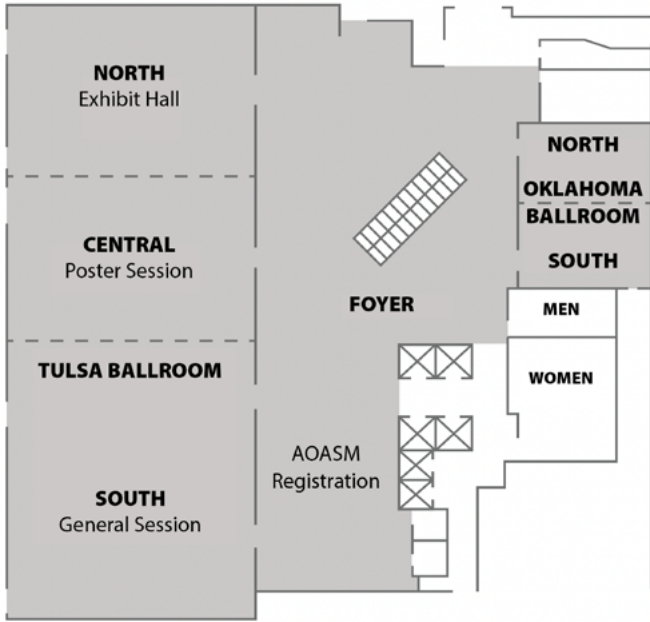
Tuesday, April 30th, 2024 • 7:30 a.m. - 5:30 p.m.*

- 9:30 a.m. - 9:45 a.m. **Refreshment Break**
- 9:45 a.m. - 12:00 p.m. **Behavioral and Psychological Problems in Sports Medicine** – Dr. Joshi
- Pharmacology
 - Sports Psychology
- Environmental Considerations in Sports Medicine**
- Environmental Illness – Dr. Smith
 - Altitude – Dr. Rogers
- General Medical Conditions in Athletes – Part 1**
- Sports Cardiology – Dr. Joshi
 - Sports Pulmonology – Dr. Zeller
 - Sports Neurology – Dr. Smith
- 12:00 p.m. - 1:00 p.m. **Lunch (On Your Own)**
- 1:00 p.m. - 3:00 p.m. **General Medical Conditions in Athletes – Part 2**
- Head, Ears, Nose and Throat Injuries and Conditions – Dr. Zeller
 - Eye Injuries and Conditions – Dr. Rogers
 - Sports Infectious Disease – Dr. Tu
 - Sports Dermatology – Dr. Solomon
- Injury Prevention, Diagnosis and Treatment – Part 1**
- Shoulder Injuries and Conditions – Dr. Rogers
 - Elbow and Forearm Injuries and Conditions – Dr. Tu
- 3:00 p.m. - 3:15 p.m. **Refreshment Break**
- 3:15 p.m. - 5:00 p.m. **Injury Prevention, Diagnosis and Treatment – Part 2**
- Wrist and Hand Injuries and Conditions – Dr. Tu
 - Pelvis, Hip and Thigh Injuries and Conditions – Dr. Zeller
 - Knee Injuries and Conditions – Dr. Joshi
 - Lower Leg, Ankle, and Foot – Dr. Rogers
 - Spine Injuries and Conditions – Dr. Smith
- 5:00 p.m. - 5:30 p.m. **Closing Comments with Resource Review and Take-Home Exam**

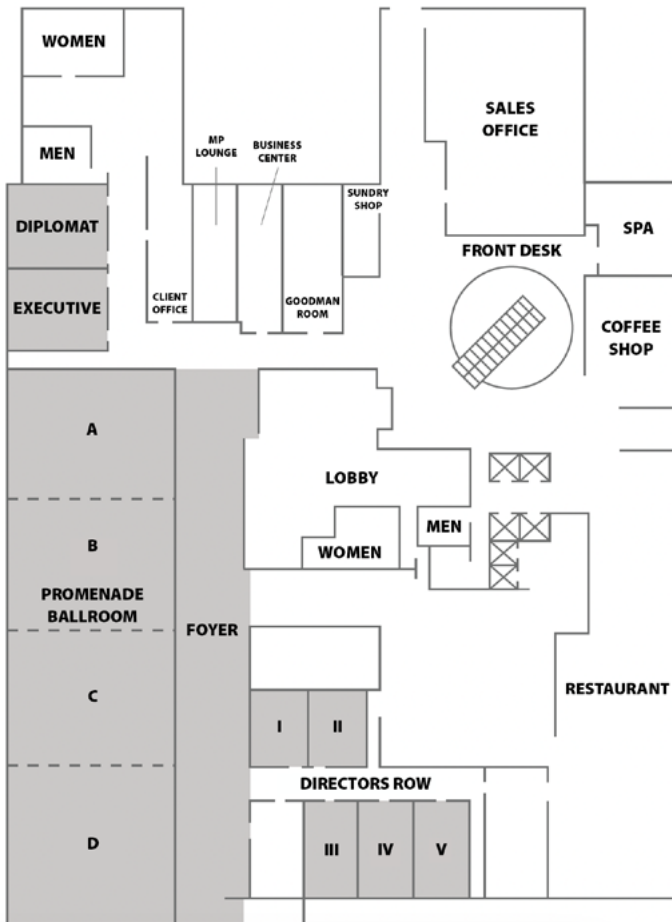
*On Tuesday, April 30: On-site Pre-Conference Workshop registration is located in the Tulsa Foyer (Lower Level) of the Hyatt Tulsa Downtown Hotel from 7:00 a.m. - 8:30 a.m.



Pre-Conference Workshop



FIRST FLOOR
LOWER LOBBY LEVEL



SECOND FLOOR
LOBBY LEVEL