



Detailed Schedule-at-a-Glance (Times in EDT)

Tuesday, April 29

Pre-Conference Workshops

7:00 a.m. - 8:30 a.m.

AOASM Pre-Conference Workshop
Registration Open

8:00 a.m. - 12:00 p.m. &

1:00 p.m. - 6:00 p.m.

INTERMEDIATE/ADVANCED Diagnostic Musculoskeletal Ultrasound Course
“Learning to Use My Ultrasound Better”

Workshop Lead by:

Albert Kozar, DO, FAOASM, R-MSK
(Available at an additional fee. For workshop details, [click here.](#))

7:30 a.m. - 12:00 noon &

1:00 p.m. - 5:30 p.m.

AOASM Sports Medicine CAQ Board Review Course

Course Co-Directors:

Jason Smith, DO, FAOASM (Co-Organizer)
Mark Rogers, DO, FAOASM (Co-Organizer)
(Available at an additional fee. For workshop details, [click here.](#))

Wednesday, April 30 (AM)

Moderator: Josh Priddle, DO, FAOASM

7:00 a.m. - 5:30 p.m.

AOASM Registration Open

8:00 a.m. - 8:15 a.m.

Welcome/Introduction

President: Rance McClain, DO, FAOASM
Program Chair: Mark Rogers, DO, FAOASM

8:15 a.m. - 8:45 a.m.

Pediatric Fractures

Olabode Agaja, DO

8:45 a.m. - 9:15 a.m.

Overtraining in Pediatrics

Brett DeGooyer, DO, FAOASM

9:15 a.m. - 9:45 a.m.

DEI

Speaker TBA

9:45 a.m. - 10:00 a.m.

Refreshment Break

10:00 a.m. - 10:30 a.m.

Preoperative Bone Health Optimization

Gillian Wooldridge, DO, FAOASM

10:30 a.m. - 11:00 a.m.

French Osteopathic Approach to Rugby Injury (AFABO Exchange Lecture)

Bernard Jurth, DO, PT, MA Ed
Franck Girard, DO, PT, MA Ed
Ludo Gironce, DO, PT, MA Ed

11:00 a.m. - 11:30 a.m.

AOASM Business Meeting

Rance McClain, DO, FAOASM
AOASM President

11:30 a.m. - 12:15 p.m.

Fellowship Program Meeting
Membership Committee Meeting
Student/Resident/Fellow Meeting

11:30 a.m. - 1:30 p.m.

Lunch (On Your Own)

Wednesday, April 30 (PM)

Moderator: Bhavesh Joshi, DO, FAOASM

1:30 p.m. - 2:00 p.m.

Evaluating the Athlete with Exertional Leg Pain

Fred Brennan, DO

2:00 p.m. - 2:30 p.m.

Fishing Medicine

Jason Smith, DO, FAOASM

2:30 p.m. - 3:00 p.m.

Outdoor Medicine

Speaker TBA

3:00 p.m. - 3:30 p.m.

Refreshment Break

3:00 p.m. - 3:30 p.m.

Sports Osteopathy Committee Meeting

3:30 p.m. - 4:00 p.m.

Altitude Medicine

Woody Woodson, DO

4:00 p.m. - 4:30 p.m.

Running Medicine

Kyle Judkins, DO

4:30 p.m. - 5:00 p.m.

Heat/Cold Illness (NATA Exchange Lecture)

Kevin Miller, PhD, ATC

5:00 p.m. - 7:00 p.m.

Welcome Reception

5:30 p.m. - 7:00 p.m.

Poster Session

7:00 p.m. - 8:30 p.m.

Speed Mentoring

Gillian Wooldridge, DO, FAOASM
Jason Smith, DO, FAOASM

Thursday, May 1 (AM)

Moderator: Stacy Dault, DO

7:00 a.m. - 3:30 p.m.

AOASM Registration Open

7:25 a.m. - 7:30 a.m.

Welcome/Housekeeping

Mark Rogers, DO, FAOASM

7:30 a.m. - 8:00 a.m.

Track & Field Throwing Injury and Performance

Jeff Wisinski, DO

8:00 a.m. - 8:30 a.m.

Sports Dermatology

Rob Franks, DO, FAOASM

8:30 a.m. - 9:00 a.m.

RED-5/Energy Availability

Jessica Knapp, DO

9:00 a.m. - 9:30 a.m.

Refreshment Break & Exhibitor Time

9:30 a.m. - 10:00 a.m.

Sleep and Performance (ACSM Exchange Lecture)

Del Bolin, MD, PhD



Schedule-at-a-Glance (Times in EDT)



10:00 a.m. - 11:00 a.m.
Rusty Wright
Memorial Lecture:
Tendon Injury and
Cutting-Edge Treatments
Chris Mehallo, DO

11:00 a.m. - 12:00 p.m.
Lunch (on your own)

Thursday, May 1 (PM)

12:00 p.m. - 1:30 p.m.
BREAKOUT: Fascial Distortion Model (FDM) Approach to Upper Extremity Injury
 Angela Lim, DO

12:00 p.m. - 1:30 p.m.
BREAKOUT: Osteopathic Approach to the Pediatric Athlete
 Kate Quinn, DO, FAOASM

12:00 p.m. - 1:30 p.m.
BREAKOUT: On Field Emergencies
 Noshir Y. Amaria, DO, AT, ATC
 Kevin Miller, PhD, ATC

1:30 p.m. - 2:00 p.m.
Refreshment Break & Exhibitor Time

1:30 p.m. - 2:00 p.m.
OMED 2025 Planning Meeting
 Program Chair: Warren Bodine, DO, FAOASM

2:00 p.m. - 3:30 p.m.
BREAKOUT: Fascial Distortion Model (FDM) Approach to Upper Extremity Injury
 Angela Lim, DO

2:00 p.m. - 3:30 p.m.
BREAKOUT: Osteopathic Approach to the Pediatric Athlete
 Kate Quinn, DO, FAOASM

2:00 p.m. - 3:30 p.m.
BREAKOUT: On Field Emergencies
 Noshir Y. Amaria, DO, AT, ATC
 Kevin Miller, PhD, ATC

4:15 p.m. - 9:45 p.m.
Group Outing: Excursion to the Biltmore Estate and Winery
Asheville's most celebrated landmark, is George Vanderbilt's 250-room castle, America's largest home and the nation's most-visited winery. (Available at an additional fee.)

Friday, May 2 (AM)

Moderator: John Luksch, DO, FAOASM

7:15 a.m. - 4:00 p.m.
AOASM Registration Open

7:30 a.m. - 8:00 a.m.
DEI Committee Meeting
 Christina Wong, DO

7:55 a.m. - 8:00 a.m.
Welcome/Housekeeping
 Mark Rogers, DO, FAOASM

8:00 a.m. - 9:15 a.m.
Case and Research Podium Presentations
 John Luksch, DO, FAOASM

9:15 a.m. - 9:45 a.m.
Equestrian Injury and Performance
 Adriana Natali, DO

9:15 a.m. - 11:15 a.m.
Student/Resident Workshops Casting and Splinting Joint Injections

9:45 a.m. - 10:15 a.m.
Refreshment Break & Exhibitor Time

10:15 a.m. - 11:00 a.m.
Point/Counterpoint Topics in Sports Medicine
 John Luksch, DO, FAOASM



11:00 a.m. - 12:00 p.m.
Allan Jacob
Memorial Lecture:
Injury Biomechanics and Response to Impact in Sports
Steve Rowson, PhD

12:00 p.m. - 12:15 p.m.
Case and Research Podium and Poster Awards
Sports Medicine Club Chapter of the Year Award
Altruistic Chapter of the Year Award

12:15 p.m. - 1:30 p.m.
Student/Resident/Fellow Luncheon

12:15 p.m. - 1:30 p.m.
Lunch (on your own)

Friday, May 2 (PM)

1:30 p.m. - 3:00 p.m.
BREAKOUT: Fascial Distortion Model (FDM) Approach to Lower Extremity Injury
 Angela Lim, DO

1:30 p.m. - 3:00 p.m.
BREAKOUT: Osteopathic Approach to Swimming/Triathlon Athletes
 Allison Bardowell, DO
 Jacob Brower, DO
 Stephen Despina, DO
 James Wilson, DO
 Christopher Whalen, DO

1:30 p.m. - 3:00 p.m.
BREAKOUT: Regenerative Medicine: Tendinopathy Classification and Management
 Dominic King, DO

3:00 p.m. - 3:30 p.m.
Refreshment Break & Exhibitor Time

3:00 p.m. - 3:30 p.m.
Fellowship Fair

3:00 p.m. - 3:30 p.m.
AOASM 2026 Planning Meeting
 Program Chair: Brett DeGooyer, DO, FAOASM

3:30 p.m. - 5:00 p.m.
BREAKOUT: Fascial Distortion Model (FDM) Approach to Lower Extremity Injury
 Angela Lim, DO



Schedule-at-a-Glance (Times in EDT)

3:30 p.m. - 5:00 p.m.

BREAKOUT: Osteopathic Approach to Swimming/Triathlon Athletes

Allison Bardowell, DO
Jacob Brower, DO
Stephen Despina, DO
James Wilson, DO
Christopher Whalen, DO

3:30 p.m. - 5:00 p.m.

BREAKOUT: Regenerative Medicine: Tendinopathy Classification and Management

Dominic King, DO

6:00 p.m. - 7:30 p.m.

**Award of Fellow Reception
Mentor of the Year Announcement**

Saturday, May 3 (AM)

Moderator: John Biery, DO, FAOASM

7:15 a.m. - 11:45 a.m.

AOASM Registration Open

7:55 a.m. - 8:00 a.m.

Welcome/Housekeeping

Mark Rogers, DO, FAOASM

8:00 a.m. - 8:30 a.m.

eSports Medicine

Dominic King, DO

8:30 a.m. - 9:00 a.m.

Rapid Fire Position Updates

Stephanie Aldret, DO, FAOASM

9:00 a.m. - 9:30 a.m.

AOA Update

AOA BOT Member

9:30 a.m. - 9:45 a.m.

Refreshment Break

9:45 a.m. - 10:15 a.m.

Spokane Hoopfest Mass Event Planning

Nicholas Strasser, DO

10:15 a.m. - 10:45 a.m.

Mass Event Topic TBD

Speaker TBA

10:45 a.m. - 11:15 a.m.

Olympic Rugby Perspective

Payton Fennell, DO

11:15 a.m. - 11:45 a.m.

My Knee Hurts. What Can I Do?

John Biery, DO, FAOASM

11:45 a.m.

Conference Adjourns