



Pre-Conference Workshop

AOASM Sports Medicine Board Review Course For Initial Certification and Recertification

Tuesday, April 29th, 2025 • 7:30 a.m. - 5:30 p.m.

Location: French Broad 3 (Embassy Suites Hotel)



Course Faculty:

Jason Smith, DO, FAOASM (Co-Organizer)
Mark Rogers, DO, FAOASM (Co-Organizer)
Mary Solomon, DO, FAOASM
Priscilla Tu, DO, FAOASM
Anne Marie Zeller, DO, FAOASM

Course Description:

The AOASM Sports Medicine Board Review Course for Initial Certification and Recertification will provide the sports medicine physician with an overview of the important aspects of sports medicine. Educators in each field will give in-depth, engaging, fast-paced, and high-yield lectures on board-relevant subjects in sports medicine. Each lecture will be followed by a question and answer session. Although this course is designed specifically to prepare the sports medicine specialist for the CAQ Sports Medicine Board Exam, it will also provide the practicing physician with an update on the latest knowledge and advances in sports medicine. The course will conclude with a take-home written exam with relevant questions and answers that can be used for board preparation.

Your Workshop Registration Fee includes:

- Refreshment breaks
- Workshop materials
- Up to **8.5** AOA Category 1-A CME credit hours

2025 AOASM Sports Medicine Board Review Course Agenda

7:00 - 7:30 a.m.	On-site Registration & Badge Pick-up – Located in the Embassy Suites Lobby (Level 1)
7:15 - 7:30 a.m.	Check out this year's introductory course slide show over coffee prior to the workshop kicking off!
7:30 - 7:50 a.m.	Medical Care and Supervision of Athletes – Dr. Smith <ul style="list-style-type: none"> • Role of the Team Physician • Event Administration • Preparticipation Exam
7:50 - 8:30 a.m.	Special Considerations in Sports Medicine – Dr. Solomon <ul style="list-style-type: none"> • The Pediatric Athlete • The Master's Athlete • The Adaptive Athlete • The Female Athlete
8:30 - 9:30 a.m.	Conditioning and Training <ul style="list-style-type: none"> • Exercise Physiology – Dr. Zeller • Biomechanics – Dr. Rogers • Principles of Musculoskeletal Rehab – Dr. Rogers • Exercise Screening, Testing and Prescription – Dr. Tu • Nutrition – Dr. Solomon



Pre-Conference Workshop

9:30 - 9:45 a.m.	Refreshment Break
9:45 - 10:10 a.m.	Behavioral and Psychological Problems in Sports Medicine – Dr. Zeller <ul style="list-style-type: none">• Pharmacology• Sports Psychology
10:10 - 10:50 a.m.	Environmental Considerations in Sports Medicine <ul style="list-style-type: none">• Environmental Illness – Dr. Smith• Altitude – Dr. Rogers
10:50 - 12:00 p.m.	General Medical Conditions in Athletes – Part 1 <ul style="list-style-type: none">• Sports Cardiology – Dr. Smith• Sports Pulmonology – Dr. Zeller• Sports Neurology – Dr. Smith
12:00 - 1:00 p.m.	Lunch (On your own)
1:00 - 2:10 p.m.	General Medical Conditions in Athletes <ul style="list-style-type: none">• Head, Ears, Nose and Throat Injuries and Conditions – Dr. Zeller• Eye Injuries and Conditions – Dr. Rogers• Sports Infectious Disease – Dr. Tu• Sports Dermatology – Dr. Solomon
2:10 - 3:00 p.m.	Injury Prevention, Diagnosis and Treatment <ul style="list-style-type: none">• Shoulder Injuries and Conditions – Dr. Rogers• Elbow and Forearm Injuries and Conditions – Dr. Tu
3:00 - 3:15 p.m.	Refreshment Break
3:15 - 5:00 p.m.	Injury Prevention, Diagnosis, and Treatment <ul style="list-style-type: none">• Wrist and Hand Injuries and Conditions – Dr. Tu• Pelvis, Hip and Thigh Injuries and Conditions – Dr. Zeller• Knee Injuries and Conditions – Dr. Smith• Lower Leg, Ankle, and Foot – Dr. Rogers• Spine Injuries and Conditions – Dr. Smith
5:00 - 5:30 p.m.	Closing Comments with Resource Review and Take-Home Exam