



Detailed Schedule-at-a-Glance (Times in EDT)

Tuesday, April 29

Pre-Conference Workshops

7:00 a.m. - 8:30 a.m.

Embassy Suites Lobby

**AOASM Pre-Conference Workshop
Registration Open**

8:00 a.m. - 12:00 p.m. &

1:00 p.m. - 6:00 p.m.

Foothills ABC (DoubleTree Hotel)

**INTERMEDIATE/ADVANCED Diagnostic
Musculoskeletal Ultrasound Course
"Learning to Use My Ultrasound Better"**

Workshop Lead by:

Albert Kozar, DO, FAOASM, R-MSK

(Available at an additional fee. For
workshop details, [click here.](#))

7:30 a.m. - 12:00 noon &

1:00 p.m. - 5:30 p.m.

French Broad Conference Center 3

**AOASM Sports Medicine CAQ Board
Review Course**

Course Co-Directors:

Jason Smith, DO, FAOASM (Co-Organizer)

Mark Rogers, DO, FAOASM (Co-Organizer)

(Available at an additional fee. For
workshop details, [click here.](#))

4:00 p.m. - 6:00 p.m.

Embassy Suites Lobby

AOASM Registration Open

6:00 p.m. - 9:30 p.m.

French Broad 1-2

AOASM Board Meeting

Wednesday, April 30 (AM)

Moderator: Josh Priddle, DO, FAOASM

7:00 a.m. - 5:30 p.m.

Embassy Suites Lobby

AOASM Registration Open

8:00 a.m. - 8:15 a.m.

Blue Ridge Ballroom 3

Welcome/Introduction

President: Rance McClain, DO, FAOASM

Program Chair: Mark Rogers, DO, FAOASM

8:15 a.m. - 8:45 a.m.

Blue Ridge Ballroom 3

**Mind the Growth Plate: Common
Pediatric Injuries in Young Athletes**

Olabode Agaja, DO

8:45 a.m. - 9:15 a.m.

Blue Ridge Ballroom 3

Overtraining in Pediatrics

Brett DeGooyer, DO, FAOASM

9:15 a.m. - 9:45 a.m.

Blue Ridge Ballroom 3

**Management Considerations for
Persistent Symptoms in Concussion**

Dwan Perry, DO

9:45 a.m. - 10:00 a.m.

Blue Ridge Pre-Function Foyer

Refreshment Break

10:00 a.m. - 10:30 a.m.

Blue Ridge Ballroom 3

Preoperative Bone Health Optimization

Gillian Wooldridge, DO, FAOASM

10:30 a.m. - 11:00 a.m.

Blue Ridge Ballroom 3

**French Osteopathic Approach of Young
Rugby Players Treatment
(AFABO International Exchange Lecture)**

Bernard Jurth, DO, PT, MA Ed

Franck Girard, DO, PT, MA Ed

Ludo Gironce, DO, PT, MA Ed

11:00 a.m. - 11:30 a.m.

Blue Ridge Ballroom 3

AOASM Business Meeting

Rance McClain, DO, FAOASM

AOASM President

11:30 a.m. - 12:15 p.m.

French Broad Conference Center 1-2

Fellowship Program Meeting

French Broad Conference Center 3

Membership Committee Meeting

Blue Ridge Ballroom 3

Student/Resident/Fellow Meeting

11:30 a.m. - 1:30 p.m.

Lunch (On Your Own)

See [Quick Links](#) page for dining suggestions!

Wednesday, April 30 (PM)

Moderator: Bhavesh Joshi, DO, FAOASM

1:30 p.m. - 2:00 p.m.

Blue Ridge Ballroom 3

**Evaluating the Athlete with Exertional
Leg Pain**

Fred Brennan, DO, FAOASM

2:00 p.m. - 2:30 p.m.

Blue Ridge Ballroom 3

Fishing Medicine

Jason Smith, DO, FAOASM

2:30 p.m. - 3:00 p.m.

Blue Ridge Ballroom 3

**Ski Resort Medicine: Common Ski
and Snowboard Injuries**

Tin Vuong, DO

3:00 p.m. - 3:30 p.m.

Blue Ridge Pre-Function Foyer

Refreshment Break

3:00 p.m. - 3:30 p.m.

French Broad Conference Center 3

OMED 2025 Planning Meeting

Warren Bodine, DO, FAOASM

3:30 p.m. - 4:00 p.m.

Blue Ridge Ballroom 3

Altitude Medicine

Woody Woodson, DO

4:00 p.m. - 4:30 p.m.

Blue Ridge Ballroom 3

Achilles Tendinosis in the Ultra Runner

Kyle Judkins, DO

4:30 p.m. - 5:00 p.m.

Blue Ridge Ballroom 3

**Innovations in Exertional Heatstroke
Management: Body Bag Cooling
(NATA Exchange Lecture)**

Kevin C. Miller, PhD, LAT, ATC

5:00 p.m. - 5:05 p.m.

Blue Ridge Ballroom 3

Happy 40th AOASM

5:05 p.m. - 7:00 p.m.

Blue Ridge Pre-Function

Welcome Reception



Detailed Schedule-at-a-Glance (Times in EDT)

5:30 p.m. - 7:00 p.m.

Blue Ridge Ballroom 1

Poster Session

Moderator: John Luksch, DO, FAOASM

(Authors will be present)

Poster Presenters:

1. Fumi Adesanya
2. Hannah Ankrom
3. Urvaksh Avanthasa
4. Colleen Bannigan
5. Meaghan Barros
6. Meaghan Barros
7. Annemarie Beran
8. Jeffrey Berg
9. Chase Bowman
10. Dylan Carlson
11. Jack Carter
12. Amaad Choudry
13. Molly Cich
14. Sydney Clark
15. Michele Collingsworth
16. Cara Conrad
17. Allen Dennis
18. Karishma Dhanani
19. Max Farenwald
20. Madison Farmer
21. Kayla Fraser
22. Andres Gronda
23. Melody Hahn
24. Nicholas Hora
25. Nikolas Jen
26. Sophiah Kawachi
27. Kevin Killian
28. Devin Matteoni
29. Scott McIntosh
30. Marissa Meyer
31. Vincent Morra
32. Steven Munassi
33. Steven Munassi
34. Mason Nelson
35. Maria Nolan
36. Logan O'Donnell
37. Archan Patel
38. Darshit Patel
39. Marian Pedreira
40. Grace Pick
41. Atiya Qillawala
42. Benjamin Reiswig
43. Samuel Segal
44. Esra Siddeek
45. MacKenzie Spindler
46. Julia Stelter
47. Sumner Tillman

48. Christopher Tosino

49. Elizabeth Walker

50. Jackson Waters

51. Jeffrey Wisinski

52. Delaney Yorks

Please note: Any poster numbers not shown have been withdrawn.

[To view poster presenter titles, click here.](#)

A special thank you to our case & research poster judges this year.

7:00 p.m. - 8:30 p.m.

French Broad Conference Center 3

Speed Mentoring

Gillian Wooldridge, DO, FAOASM

Jason Smith, DO, FAOASM

Thursday, May 1 (AM)

Moderator: Stacey Dault, DO

7:00 a.m. - 3:00 p.m.

Embassy Suites Lobby

AOASM Registration Open

7:25 a.m. - 7:30 a.m.

Blue Ridge Ballroom 3

Welcome/Housekeeping

Mark Rogers, DO, FAOASM

7:30 a.m. - 8:00 a.m.

Blue Ridge Ballroom 3

The Track and Field Thrower

Jeffrey Wisinski, DO

8:00 a.m. - 8:30 a.m.

Blue Ridge Ballroom 3

Sports Dermatology

R. Robert Franks, DO, FAOASM

8:30 a.m. - 9:00 a.m.

Blue Ridge Ballroom 3

Running on Empty? Screening and Managing LEA in Sport (AMSSM Exchange Lecture)

Jessica Knapp, DO

9:00 a.m. - 9:30 a.m.

Blue Ridge Pre-Function

Refreshment Break & Exhibitor Time

9:30 a.m. - 10:00 a.m.

Blue Ridge Ballroom 3

Sports Medicine Research

Gunnar Brolinson, DO, FAOASM



10:00 a.m. - 11:00 a.m.

Blue Ridge Ballroom 3

Rusty Wright

Memorial Lecture:

Tendon Injury and

Cutting-Edge Treatments

[Christopher J. Mehallo, DO](#)

11:00 a.m. - 12:00 p.m.

Lunch (on your own)

See [Quick Links](#) page for dining suggestions!

Thursday, May 1 (PM)

12:00 p.m. - 1:15 p.m.

Foothills ABC (DoubleTree Hotel)

BREAKOUT: Fascial Distortion Model (FDM) Approach to Lower Extremity Injury (Session Repeats)

Angela Lim, DO

Matt Chung, DO, FAOASM

Nicole Fremarek, DO

Mary Mitchell, DO

Priscilla Tu, DO, FAOASM

12:00 p.m. - 1:15 p.m.

French Broad Conference Center 1-2

BREAKOUT: Osteopathic Approach to the Pediatric Athlete (Session Repeats)

Kate Quinn, DO, FAOASM

12:00 p.m. - 1:15 p.m.

Blue Ridge Ballroom 3

BREAKOUT: Emergency Action Plan Development and Heat Illness Procedure Lab (Session Repeats)

Noshir Y. Amaria, DO, ATC

Kevin Miller, PhD, ATC

1:15 p.m. - 1:45 p.m.

Blue Ridge Pre-Function

Refreshment Break & Exhibitor Time

1:15 p.m. - 1:45 p.m.

French Broad Conference Center 3

AOASM 2026 Planning Meeting

Brett DeGooyer, DO, FAOASM



Detailed Schedule-at-a-Glance (Times in EDT)

1:45 p.m. - 3:00 p.m.

Foothills ABC (DoubleTree Hotel)

BREAKOUT: Fascial Distortion Model (FDM) Approach to Lower Extremity Injury (Session Repeats)

Angela Lim, DO

Matt Chung, DO, FAOASM

Nicole Fremarek, DO

Mary Mitchell, DO

Priscilla Tu, DO, FAOASM

1:45 p.m. - 3:00 p.m.

French Broad Conference Center 1-2

BREAKOUT: Osteopathic Approach to the Pediatric Athlete (Session Repeats)

Kate Quinn, DO, FAOASM

1:45 p.m. - 3:00 p.m.

Blue Ridge Ballroom 3

BREAKOUT: Emergency Action Plan Development and Heat Illness Procedure Lab (Session Repeats)

Noshir Y. Amaria, DO, ATC

Kevin Miller, PhD, ATC

3:15 p.m. - 9:45 p.m.

Group Outing: Excursion to the Biltmore Estate and Winery

Asheville's most celebrated landmark, is George Vanderbilt's 250-room castle, America's largest home and the nation's most-visited winery. (Available at an additional fee.)

Participants: Meet at the Registration Counter in the Embassy Suites Lobby to line up for loading buses.

Bus loading begins at 3:15 p.m. - *don't forget your ticket!* Please view the [AOASM conference website](#) or **Page 5** of this schedule-at-a-glance for a complete detailed schedule.

Friday, May 2 (AM)

Moderator: John Luksch, DO, FAOASM

7:00 a.m. - 3:30 p.m.

Embassy Suites Lobby

AOASM Registration Open

7:30 a.m. - 8:00 a.m.

French Broad Conference Center 3

DEI Committee Meeting

Christina Wong, DO

7:55 a.m. - 8:00 a.m.

Blue Ridge Ballroom 3

Welcome/Housekeeping

Mark Rogers, DO, FAOASM

8:00 a.m. - 9:15 a.m.

Blue Ridge Ballroom 3

Case and Research Podium Presentations

Moderator: John Luksch, DO, FAOASM

Case Podium Presenters

1. Judy Joseph, MD
"Don't Settle with Concussions, Always Check the Neck"
2. Christine Lomiguen, MD
"Rural Healthcare Disparity Success in Special Olympics Unified Sports Pre-Participation Physical Examination: A Case of Ectopic Atrial Tachycardia"
3. Anthony Noll, DO, MHA
"Ball Too Hard? A Case Of Sudden-Onset Lower Extremity Weakness In A 28-Year-Old Male"

Research Podium Presenters

4. Jordan Clark, DO
"An Investigation of Pickleball-related Injuries"
5. Steven Gawrys, DO
"US Youth Ages 4-13 Trends of Concussions Across 9 Sports From 2014-2023"

9:15 a.m. - 9:45 a.m.

Blue Ridge Ballroom 3

Sleeping Their Way to the Top: Sleep Medicine Essentials for Sports Medicine Professionals (ACSM Exchange Lecture)

Del Bolin, MD, PhD

9:20 a.m. - 11:00 a.m.

Foothills ABC (DoubleTree Hotel)

Student/Resident Workshops

Casting and Splinting (9:20 - 10:05)

Joint Injections (10:15 - 11:00)

9:45 a.m. - 10:15 a.m.

Blue Ridge Pre-Function

Refreshment Break & Exhibitor Time

10:15 a.m. - 11:00 a.m.

Blue Ridge Ballroom 3

Point/Counterpoint Topics in Sports Medicine

Moderator: John Luksch, DO, FAOASM

Panel:

Olabode Agaja, DO

Brooke Lemmen, DO

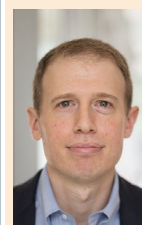
David Leslie, DO

John Neidecker, DO, FAOASM, ATC

11:00 a.m. - 12:00 p.m.

Blue Ridge Ballroom 3

Allen Jacobs



Memorial Lecture: Concussion Biomechanics: Characterizing Tolerance and Reducing Risk Through Helmet Design
[Steve Rowson, PhD](#)

12:00 p.m. - 12:15 p.m.

Blue Ridge Ballroom 3

Awards Presentations:

Case & Research Podium

Case & Research Poster

Sports Medicine Club Chapter of the Year

Altruistic Chapter of the Year

John Luksch, DO, FAOASM

Chase Bowman

Brett Sprouse, DO

12:15 p.m. - 1:30 p.m.

Blue Ridge Ballroom 1

Student/Resident/Fellow Luncheon

12:15 p.m. - 1:30 p.m.

Lunch (on your own)

See [Quick Links](#) page for dining suggestions!



Detailed Schedule-at-a-Glance (Times in EDT)

Friday, May 2 (PM)

1:30 p.m. - 3:00 p.m.

Foothills ABC (DoubleTree Hotel)

BREAKOUT: Fascial Distortion Model (FDM) Approach to Upper Extremity Injury (Session Repeats)

Angela Lim, DO

Matt Chung, DO, FAOASM

Nicole Fremarek, DO

Mary Mitchell, DO

Priscilla Tu, DO, FAOASM

1:30 p.m. - 3:00 p.m.

French Broad Conference Center 2

BREAKOUT: Osteopathic Manipulative Treatment for Swimmers (Session Repeats)

Chris Whalen, DO

Allison Bardowell, DO

Jacob Brower, DO

Stephen Despina, DO

James Wilson, DO

1:30 p.m. - 3:00 p.m.

Blue Ridge Ballroom 3

BREAKOUT: Regenerative Medicine: Tendinopathy Classification and Management (Session Repeats)

Dominic King, DO

3:00 p.m. - 3:30 p.m.

Blue Ridge Pre-Function

Fellowship Fair & Refreshment Break

3:00 p.m. - 3:30 p.m.

French Broad Conference Center 3

Sports Osteopathy Committee Meeting

Michelle Gilsenan, DO, FAOASM

3:30 p.m. - 5:00 p.m.

Foothills ABC (DoubleTree Hotel)

BREAKOUT: Fascial Distortion Model (FDM) Approach to Upper Extremity Injury (Session Repeats)

Angela Lim, DO

Matt Chung, DO, FAOASM

Nicole Fremarek, DO

Mary Mitchell, DO

Priscilla Tu, DO, FAOASM

3:30 p.m. - 5:00 p.m.

French Broad Conference Center 2

BREAKOUT: Osteopathic Manipulative Treatment for Swimmers (Session Repeats)

Chris Whalen, DO

Allison Bardowell, DO

Jacob Brower, DO

Stephen Despina, DO

James Wilson, DO

3:30 p.m. - 5:00 p.m.

Blue Ridge Ballroom 3

BREAKOUT: Regenerative Medicine: Tendinopathy Classification and Management (Session Repeats)

Dominic King, DO

6:00 p.m. - 8:30 p.m.

Blue Ridge Ballroom 1

Award of Fellow Reception

Mentor of the Year Announcement

Saturday, May 3 (AM)

Moderator: John Biery, Jr., DO, FAOASM

7:15 a.m. - 11:45 a.m.

Embassy Suites Lobby

AOASM Registration Open

7:55 a.m. - 8:00 a.m.

Blue Ridge Ballroom 3

Welcome/Housekeeping

Mark Rogers, DO, FAOASM

8:00 a.m. - 8:30 a.m.

Blue Ridge Ballroom 3

eSports Medicine

Dominic King, DO

8:30 a.m. - 9:00 a.m.

Blue Ridge Ballroom 3

Rapid Fire Position Updates

Stephanie Aldret, DO, FAOASM

9:00 a.m. - 9:30 a.m.

Blue Ridge Ballroom 3

AOA Update

Robert Dolansky, DO

9:30 a.m. - 9:45 a.m.

Blue Ridge Pre-Function

Refreshment Break

9:45 a.m. - 10:15 a.m.

Blue Ridge Ballroom 3

Hoopfest Lessons: Tips and Tricks from the World's Largest 3on3 Basketball Tournament

Nicholas Strasser, DO

10:15 a.m. - 10:45 a.m.

Blue Ridge Ballroom 3

Warriors Without Armor:

Expectations of Rugby Coverage

Payton Fennell, DO

10:45 a.m. - 11:15 a.m.

Blue Ridge Ballroom 3

Diversity and Disparities in

Brain Health: Neurological Inequities in Sports

Ima Ebong, MD

11:15 a.m. - 11:45 a.m.

Blue Ridge Ballroom 3

K Tape: "Ouch! My Knee Hurts, and the Marathon is in Two Weeks!"

John Biery, Jr., DO, FAOASM

Nina Gartenhaus

11:45 a.m.

Conference Adjourns



Group Outing: Excursion to the Biltmore Estate

Detailed Schedule of Events

3:15 p.m. - Vehicles arrive to Embassy Suites to load buses. (Don't forget your ticket!)

3:30 p.m. - Depart for the Biltmore Estate Winery- Antler Hill

4:00 p.m. - Arrival to the Antler Hill/ Biltmore Winery
Enjoy Wine Tasting, Shopping, & other great outlets at the Antler Hill

5:00 p.m. - Early Bird Shuttle Available to Garden & Grounds access

6:00 p.m. - Load Buses for Biltmore House at Antler Village

6:15 p.m. - Depart for Biltmore House or Garden & Grounds access

6:30 p.m. - Guided Evening Visit of Biltmore House

6:30 p.m. - Early Bird Shuttle from Garden & Grounds touring - pick up at Biltmore House back to Antler Hill Village

7:00 p.m. - First Shuttle bus available from Biltmore House for both ticket holders to Antler Hill Village

7:15 p.m. - Second Shuttle Bus return from Biltmore House for both ticket holders to Antler Hill Village

7:30 p.m. - Shuttle Bus return from Biltmore House for both ticket holders to Antler Hill Village
Guests will be offered to be dropped at Antler Hill Village for dining at Bistro or Village Social, or return to hotel

7:45 p.m. - Approximate final shuttle return to Antler Hill Village
Guests will be offered to be dropped at Antler Hill Village for dining at Bistro or Village Social, or return to hotel

8:30 p.m. - Early Bird Shuttle return to Embassy Suites Hotel

9:45 p.m. - Approximate final Shuttle return to Embassy Suites Hotel

