



Tentative Schedule-at-a Glance

(Subject to change, times in Pacific Time)

Tuesday, April 28, 2026

Pre-Conference Workshops

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| 7:00 am – 8:30 am | Preconference Workshop Registration Open | Leonesa Foyer |
| 8:00 am – 5:30 pm | INTERMEDIATE / ADVANCED Diagnostic Musculoskeletal Ultrasound Course “Ultrasonography of Fasciae and Common Pathologies: The Game Changer” Course Director: Albert Kozar, DO, FAOASM, R-MSK | Discovery |
| 8:00 am – 5:00 pm | OMT In Motion Course Director: Priscilla Tu, DO, FAOASM, FACOFP, FAAFP, FAAMA, DipABLM | Portland A |
| 7:00 am – 5:30 pm | AOASM Sports Medicine CAQ Board Review Course Co-Course Directors: Jason Smith, DO, FAOASM and Mark Rogers, DO, CAQSM FAAFP, FAOASM | Portland B |
| 4:00 pm – 5:30 pm | Conference Registration Open | Leonesa Foyer |
| 6:00 pm – 9:30 pm | Board Meeting | Douglas Boardroom (6 th Floor) |

Wednesday, April 29, 2026

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| 7:00 am – 5:30 pm | Registration Open | Leonesa Foyer |
| 7:00 am – 8:00 am | Continental Breakfast | Leonesa Foyer |
| 7:00 am – 7:30 am | Morning Yoga with Nicole Goddard, DO | Menzies- 6 th Fl. |
| 8:00 am – 8:30 am | Welcome and Duwamish Tribe Blessing of the Conference Brett DeGooyer, DO and Kate Quinn, DO | Leonesa |
| 8:30 am – 9:00 am | Return to Play Following Spine Injuries and Surgeries Philip Louie, MD | Leonesa |
| 9:00 am – 9:30 am | Rodeo Sports Medicine Rick Griffin, MS, ATC, AT-L | Leonesa |
| 9:30 am – 10:00 am | Shared Decision Making in Return to Play Decisions Kim Harmon, MD | Leonesa |
| 10:00 am – 10:30 am | Break | Leonesa Foyer |
| 10:30 am – 11:00 am | Principles of the Feldenkrais Method of Somatic Education ® Sheri Cohen, GCFP, Feldenkrais® Trainer, Beth Cooper, PT, GCFP | Leonesa |
| 11:00 am – 11:30 am | TrP / Dry Needling with LTR for Athletes Masahiro Takakura, ND, PhD, DC, LAc | Leonesa |
| 11:30 am -12:00 pm | AOASM Business Meeting | Leonesa |
| 12:00 pm – 1:30 pm | Lunch (on your own) | |
| 1:30 pm – 3:00 pm & 3:30 pm – 5:00 pm <i>Concurrent Sessions</i> | Breakout A. TrP / Dry Needling with LTR for Athletes (Practical Application) Masahiro Takakura, ND, PhD, DC, LAc | Discovery |
| | Breakout B. ECG Interpretation in Athletes: Introducing IC25 Jonathan Drezner, MD | Leonesa |
| | Breakout C. Functional Biotensegrity: Clinical Assessment of Fascial Regions that will Change your Diagnostic & Therapeutic Paradigms Al Kozar, DO, FAOASM, R-MSK | Portland A |
| | Breakout D. Applications of the Feldenkrais Method of Somatic Education ® Sheri Cohen, GCFP, Feldenkrais® Trainer and Beth Cooper, PT, GCFP | Portland B |
| 3:00 pm – 3:30 pm | Break | Leonesa Foyer |
| 5:00 pm – 7:00 pm | Welcome Reception with Exhibitors | Leonesa Foyer |
| 5:30 pm – 7:00 pm | Poster Session | Princessa |
| 7:00 pm – 8:00 pm | Student/Resident/Fellow Session: Speed Mentoring | Leonesa |


Thursday, April 30, 2026

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| 7:00 am – 5:00 pm | Registration Open | Leonesa Foyer |
| 7:00 am – 8:00 am | Continental Breakfast | Leonesa Foyer |
| 7:00 am – 7:30 am | Morning Yoga with Nicole Goddard, DO | Menzies- 6 th Fl. |
| 7:55 am – 8:00 am | Welcome Brett DeGooyer, DO | Leonesa |
| 8:00 am – 8:30 am | Special Considerations for Athletes in the Context of the Updated Dietary Guidelines Jasmine Miller, MS, Certified Nutritionist | Leonesa |
| 8:30 am – 9:00 am | Prevention of Sudden Cardiac Death in Athletes Jonathan Drezner, MD | Leonesa |
| 9:00 am – 9:30 am | Break with Exhibitors | Leonesa Foyer |
| 9:30 am – 10:30 am | Athletes and the Arts Rob Franks, DO | Leonesa |
| 10:30 am – 11:30 am | Rusty Wright Memorial Lecture The Zackery Lystedt Story: The History of Youth Concussion Laws Stanley A. Herring, MD | Leonesa |
| 11:30 am -1:30 pm | Lunch (on your own) | |
| 12:45 pm – 1:30 pm | Student/Resident/Fellow Session: Journal Club (all are welcome to join) | Leonesa |
| 1:30 pm – 3:00 pm & 3:30 pm – 5:00 pm <i>Concurrent Sessions</i> | Breakout A. Beyond the Hip and Core: Pelvic Floor Dysfunction in Female Athletes Rachel Doza, PT, DPT, PCES, Cert DN | Discovery |
| | Breakout B. OMT: Osteopathic Approach to the Athlete Evaluation Jeffrey Wisinski, DO, CAQSM and Larry Nolan, DO, FAAFP | Princessa I |
| | Breakout C. Percutaneous Tenotomy/Debridement Lab Jason Smith, DO, FAOASM | Princessa II |
| | Breakout D. OMT: Visceral MSK Mimickers in Sports Medicine Allison Bardowell, DO / AOASM DEI Committee | Portland |
| 3:00 pm – 3:30 pm | Break with Exhibitors | Leonesa Foyer |
| 5:15 pm – 6:15 pm | Committee Meetings | |
| 6:30 pm – 7:30 pm | Award of Fellow Reception Mentor of the Year Award | Leonesa |

Friday, May 1, 2026

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| 7:00 am – 3:30 am | Registration Open | Leonesa Foyer |
| 7:00 am – 8:00 am | Continental Breakfast | Leonesa Foyer |
| 7:00 am – 7:30 am | Morning Yoga with Nicole Goddard, DO | Menzies- 6 th Fl. |
| 7:55 am – 8:00 am | Welcome Brett DeGooyer, DO | Leonesa |
| 8:00 am – 9:30 am | Case and Research Podium Presentations: Tri-Sport Athlete with Spontaneous Ascending Right Lower Extremity Paralysis Alec Staiger, DO Elbowing the Way to the Front of the Face: A Case Report Involving a Rare Presentation of Naso-Orbito-Ethmoid Fracture Kyle Hopkins, DO A Peculiar Case of Persistent Left Foot Pain in a Division I Collegiate Sprinter Jash Patel, BS The Impact of Musculoskeletal Injury on Academic Performance in Division III Collegiate Athletes Manveer Sandhu, BA and Katryna Dukehart, BA Neighborhood Socioeconomic Context and Concussion Recovery in Adolescent Athletes Emma Trussell, BA | Leonesa |



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| 9:30 am – 10:00 am | Snap Decisions in the ATR Billy Thompson, MD | Leonesa |
| 10:00 am – 10:30 am | “My Shoulder Hurts” Billy Thompson, MD | Leonesa |
| 10:30 am – 11:00 am | Exercise Programs after Injury Kaleb Redden, DO | Leonesa |
| 11:00 am – 11:15 am | Break with Exhibitors | Leonesa Foyer |
| 11:15 am – 12:15 pm | Allen Jacobs Memorial Lecture / American College of Sports Medicine Exchange Lecture The agony of ‘de feet’ - biomechanical contributions of the foot to lower extremity dysfunctions and running injuries Del Bolin, MD | Leonesa |
| 12:15 pm – 12:30 pm | Awards Presentations Case and Research Podium, Case and Research Poster, Sports Medicine Chapter of the Year, Altruistic Chapter of the Year John Luksch, DO, FAOASM, Nicholas Bohannon, Brett Sprouse, DO, MBA, CAQSM, FAOASM | Leonesa |
| 12:30 pm – 1:30 pm | Lunch (on your own) | |
| 12:30 pm – 1:00 pm | Student/Resident/Fellow Luncheon (pre-registration required) | Princessa I/II |
| 1:00 pm – 1:30 pm | Fellowship Fair | Princessa I/II |
| 1:30 pm – 3:00 pm | Student/Resident Breakout Workshops | Princessa I/II |
| 1:30 pm – 2:30 pm | The Industrial Athlete: Understanding the Game Kevin Valvano, DO, FAOASM | Leonesa |
| 2:30 pm – 3:00 pm | Martial Arts: Kendo and Capoeira Jessica Huerta, DO, MS | Leonesa |
| 3:00 pm – 3:30 pm | Genicular Artery Embolization and Other Non-Op Procedures for KOA Jen Trpkovski, DO, FAOASM, CAQSM | Leonesa |
| 3:00 pm – 3:30 pm | Student/Resident Session: High Yield Topics Jeopardy Style | Princessa I/II |
| 3:30 pm – 3:45 pm | Break | Leonesa Foyer |
| 3:45 pm – 4:30 pm | nTOS (with surgical perspective) Charlie Kenyon, DO, MS, CSCS and Matt Smith, MD, PhD | Leonesa |
| 4:30 pm – 5:00 pm | Sport Wellness and Nutrition Chris Lewis, ARNP, BC-ADM, CDCES, DipACLM | Leonesa |
| 5:00 pm – 5:30 pm | Anxiety in Elite Athletes: Recognition and What to Do in the Office Visit Julie Lord, MD | Leonesa |
| 6:45 pm | Group Outing – Kansas City Royals @ Seattle Mariners | T-Mobile Park |

Saturday, May 2, 2026

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| 7:00 am – 11:45 am | Registration Open | Leonesa Foyer |
| 7:00 am – 8:00 am | Continental Breakfast | Leonesa Foyer |
| 7:00 am – 7:30 am | Morning Yoga with Nicole Goddard, DO | Menzies- 6 th FL. |
| 7:55 am – 8:00 am | Welcome Brett DeGooyer, DO | Leonesa |
| 8:00 am – 8:30 am | Regenerative Medicine in the Athlete Adam Pourcho, DO | Leonesa |
| 8:30 am – 9:30 am | Sports Dentistry Hans Stasiuk, DMD, FASD | Leonesa |
| 9:30 am – 9:45 am | Break | Leonesa Foyer |
| 9:45 am – 10:15 am | ACL Repair / BEAR Procedure Christian Peterson, DO | Leonesa |
| 10:15 am – 11:15 am | Neuroplastic Pain in Athletes at All Levels Carrie Beall, DO, CAQSM, FAOASM | Leonesa |
| 11:15 am | Adjournment Brett DeGooyer, DO | Leonesa |