

AOASM Poster Presentations  
Wednesday, April 28, 2026 | Seattle, Washington

#	Title	Presenter(s)	Authors	Category
1	SkiSure: A Surveillance Study of Water Ski Injuries and Access	Randy Aldret, EdD, ATC, CSCS	Randy Aldret, Stephanie Aldret, Taylor Hardin	Research
2	Bilateral Calcific Patellar Tendinopathy in an Adolescent Athlete Treated With Fluoroscopic-Guided Barbotage	Vanshika Arora, DO	Vanshika Arora, Sabrina Drobeck, Flint Ray	Case
3	Pain in the Pelvis: Atypical Course of Groin Pain in a Collegiate Cross-Country Athlete	Annemarie Beran, DO	Annemarie Beran, Colleen Bannigan, Chad Hyatt	Case
4	Sole Searching in a Water-Skier	Meagan Bickmann, BS and Catelyn Swenson, BS	Meagan Bickmann, Catelyn Swenson, Stephanie Aldret	Case
5	“Ouch, my knee hurts, and my half-marathon is in two weeks.” A Non-Invasive Osteopathic Approach to Patellofemoral Pain	John Biery, DO	John Biery, Nina Gartenhaus	Case
6	Longitudinal analysis of multifidus muscle composition in individuals with anterior cruciate ligament reconstruction.	Claire Bischel, BSc	Claire Bischel, Liang-Ching Tsai, Mark A. Lyle, John M. Popovich, Jr.	Research
7	Combating Poor Sleep Health Among Collegiate Athletes	Nicholas Bohannon, OMS-III	Nicholas Bohannon, Robert Walker, Stacies Fairley	Research
8	Dropping more than the ball in a high school football player	Chase Bowman, DO	Chase Bowman, Grant Ralston	Case
9	Are We Splitting Up? Rare Cause of Wrist Pain in a Collegiate Female Golfer	Brett Brodsky, DO	Brett Brodsky, Neal Patel, Chad Hyatt, Del Bolin	Case
10	Discussing Risk of Continuing Contact Sports in an APOE Positive Mixed Martial Artist	John Brus, DO	John Brus, John Neidecker, Ally Manifold, Dylan April, Justin Dalugdug	Case
11	Chronic Ulnar-Sided Wrist Pain in a Baseball Player: A Hook of Hamate Nonunion	Kaedon Buchmiller, DO	Kaedon Buchmiller, Braden Geddes	Case
12	Acute Compartment Syndrome After Blunt Trauma in a Football Athlete	Sheetal Chopra, DO	Sheetal Chopra, Michael Goodlett, Tyler Teurlings, Benton Emblom, Krish Patel	Case
13	One Door Closes, Another Door Opens: The Role of Osteopathic Manipulative Treatment in an Athlete’s Head Injury	Michele Collingsworth, DO	Michele Collingsworth, Yousuf Siddiqui, Max Schaefer	Case
14	IT’S A PROCESS	Delaney Connolly, OMS-II	Delaney Connolly, Nicholas Hora, Mary Mitchell	Case
15	Arcuate Sign: An Indicator for Knee Internal Derangement	Madison DeWitt, OMS-I and Jessica Lee, OMS-I	Madison DeWitt, Jessica Lee, Lucas Gmutza, Matthew Weirath, Mark Rogers	Case
16	Open Right Index Finger Fracture From Helmet Entrapment in a Football Player: A Case Report	Jonathan Elder, BS and Nathan Cantrell, BS	Jonathan Elder, Nathan Cantrell, Stephen Despina	Case
17	Soleus Herniation in Female Cross Country Athlete: A Case Study	Isabella Evans-Riester, OMS-II	Isabella Evans-Riester, Brett Brodsky, Chad Hyatt, James Farmer, Colleen Bannigan	Case
18	Synovial Fluid Biomarker and Crystal Analysis in Knee Effusions: Associations with Radiographic Osteoarthritis Severity	Neelam Ferrari, BS and William Studt, BS	Neelam Ferrari, William Studt, Gabriel Fury, Sean Delany, Benjamin Rogers, Grant Thomas, Stephanie Gwin, Stephen Stache, Adam Chrusch, Philip Motley, Bradley Smith, Christopher Mehallo	Research
19	Can AI Safely Instruct Patients How to Recover from a Concussion?	Steven Gawrys, DO	Steven Gawrys, Dillon Reno, Andrew Roush, Antonio Lopez, Manuel Britto, Ryan Mark	Research
20	The Pulseless Knee: Restoring Perfusion One Step at a Time	Yousef Hasanain, DO	Yousef Hasanain, Chris Naco, Josiah Valk	Case
21	Trust the Data, Feel the Body: A Qualitative Synthesis of Athlete Experiences With Wearable Readiness and Recovery Metrics	Yousef Hasanain, DO	Yousef Hasanain, Christopher Trigger	Research
23	Persistent Anterior Hip Pain in a Collegiate Female Track Athlete	Rachel Holeman, DO and Nathan Doyel, DO	Rachel Holeman, Nathan Doyel, Townes Leigh	Case

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24	Ala My Problems	Nicholas Hora, DO	Nicholas Hora, Emily Barnett, Jordan Kittle, Marigrace Lynch, Matthew Chung, Mark Rogers	Case
25	The Gridiron Grip	Bruce Hukins, BS	Bruce Hukins, Stephanie Aldret	Case
26	Complex presentation of persistent hip pain previously treated with surgery	Nicholas Humphries, DO and John Morasso, DO	Nicholas Humphries, John Morasso	Case
27	Platelet Rich Plasma Hastens Recovery in a High School Wrestler	Max Kostyk, DO	Max Kostyk, John Neidecker	Case
28	Curveball at L5-S1: Rapid Lumbar Discal Cystogenesis in a Collegiate Baseball Player	Andrew Krueger, DO, ATC	Andrew Krueger, Dominic Riccione, Jonathan Carmouche, Mark Rogers	Case
29	Indiana Sports' Achilles Heel: Exploring Autonomic Regulation as a Modulator of Achilles Tendon Injury Risk and Recovery	Tyler Maple, MS	Tyler Maple, Bill Pearson	Research
30	Medial Geniculate Artery Pseudoaneurysm: A Case Report	Devin Matteoni, DO	Devin Matteoni	Case
31	Kinetic Chain Disruptions and Surgical Management of Refractory Achilles Tendinopathy in a Post-OATS Reconstructive Ankle: A Case Report	Hunter McKenzie, OMS-II	Hunter McKenzie	Case
32	Scoot, Scootin', Surgery: Facial Fracture in a College Athlete Following E-Scooter Accident	Addison Moore, DO	Addison Moore, Brett Sprouse, Michael Goodlett	Case
33	When Episodic Infections Mask Chronic Inflammation: A Complex Case of Low Back Pain	Tyler Narsingh, MD	Tyler Narsingh, Christopher Rial, Christine Lomiguen	Case
34	A NON-OPERATIVE APPROACH TO THE MANAGEMENT OF MOREL-LAVALLEE LESION	Thomas K. Nesmith, BS	Thomas K. Nesmith, Brett Sprouse, Bradley L. Young	Case
35	Pain Of The Pedis: A Case of A 90-Year-Old Female with Foot Pain and Swelling	Anthony Noll, DO, MHA	Anthony Noll, Harrison Loftus, Alexander Hinckley	Case
36	Findings, Outcomes, and Management Strategies of Non-Operative Lisfranc Injuries in Elite Collegiate Wrestlers: A Case Series	Varun Patel, OMS-II and Garrett Kuchan, OMS-II	Varun Patel, Garrett Kuchan, Sean Collins, Mark Rogers	Case
37	Anterior Talar Dome Fracture Following an Inversion Ankle Injury	Tejas Patel, BS	Tejas Patel, Jacob Turnbull	Case
38	Ultrasound-Guided Percutaneous TenJet Debridement for Chronic Achilles Tendinopathy	Shahil Patel, DO	Clay Guynn, Shahil Patel	Case
39	DRIVING HABITS of HIGH SCHOOL ATHLETES POST-CONCUSSION	Max Pearl, OMS-III	Max Pearl, Anand Rabara, Kyler Strange, Patrick Palmer	Research
40	A Rare Case of a Hoffa's Fat Pad Ganglion Cyst Causing Infrapatellar Impingement in a Collegiate Athlete	Justin Prusinski, MS	Justin Prusinski, Angela Cavanna	Case
41	Hit Hard, Fall Fast, Come Back Strong: The Changing Landscape of Sport-Related Brain Injuries	Aayush Raman, BS	Uzair Chaudary, Aayush Raman, Max Narduzzi, Farzana Alam, Brian Beatty	Research
42	A 'Loosey Goosey' Wing	Christopher Rodas, DO	Christopher Rodas, Mathew Zatkan	Case
43	Multimodal Approach to Hiker's Hip Pain	Mereze Roy, DO	Mereze Roy, Anna Van Niekerk	Case
44	A Case Of The Present Reflexes	Kyle Ryland, DO	Kyle Ryland, Mahmoud Jaber, Lauren Chorny, Isabella Castellano, Matthew Garber, Lisa Awe	Case
45	Snap, Crackle, POPS	Justin Salak, DO	Justin Salak, Julia Stelter	Case
46	Heel of Stone: Calcific Achilles Tendinitis in an Amateur Boxer	Justin Salak, DO and Michael Shaffer, DO	Michael Shaffer, Braden Gregory	Case
47	The Domino Effect: The Hidden Cost of Stability	Lucas Thibodaux, OMS-II	Lucas Thibodaux, Stephanie Aldret	Case
48	One-Sided Strength: When Chest Day Looks Different - A Case of Unilateral Chest Wall Musculoskeletal Anomaly in a Young Adolescent Athlete	Sean Thuesen, DO	Sean Thuesen, Nicholas Nguyen, John Tuttle	Case

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49	The Role of Osteopathic Manipulative Treatment in the Management of Chronic Extensor Carpi Ulnaris Tendonitis in a Golfer	Katherine Waghorne, DO	Katherine Waghorne, Kurt Heinking	Case
50	Back on the Ice: Early Return to Play Following Arthroscopically Assisted Management of a Tibial Pilon Fracture	Caitlin Wetzel, MS, ATC	Caitlin Wetzel, Courtney Dodds, Kevin Martin	Case
51	Olympic Marathon Running Is Stressful	Christopher Whalen, DO	Christopher Whalen, James Willson	Case
52	Oh Snap! A Case report of Snapping Biceps Femoris Syndrome in a collegiate female basketball player	Addison Wood, DO	Addison Wood, Patrick Szukics	Case
53	Leaving it all on the mountain...including the ankles	David Woodson, DO	David Woodson	Case