



AOASM Sports Medicine Board Review Course For Initial Certification and Recertification

Tuesday, April 28, 2026

Pre-Conference Schedule-at-a Glance

(Subject to change, times in Pacific Time)

Course Faculty:

Jason Smith, DO, FAOASM (Co-Organizer); Mark Rogers, DO, FAOASM (Co-Organizer); Mary Solomon, DO, FAOASM; Priscilla Tu, DO, FAOASM; Lauren Leslie, DO, FAOASM, and Anne Marie Zeller, DO, FAOASM

Course Description:

The AOASM Sports Medicine Board Review Course for Initial Certification and Recertification will provide the sports medicine physician with an overview of the important aspects of sports medicine. Educators in each field will give in-depth, engaging, fast-paced, and high-yield lectures on board-relevant subjects in sports medicine. Each lecture will be followed by a question-and-answer session. Although this course is designed specifically to prepare the sports medicine specialist for the CAQ Sports Medicine Board Exam, it will also provide the practicing physician with an update on the latest knowledge and advances in sports medicine. The course will conclude with a take-home written exam with relevant questions and answers that can be used for board preparation. Your workshop fee includes refreshment breaks, materials, and up to 8.5 AOA Category 1-A CME credit hours.

7:00 am – 7:30 am	Registration Open
7:15 am – 7:30 am	Introductory Course Slide Review Kick-off
7:30 am – 7:50 am	Medical care and supervision of athletes – Dr. Smith <ul style="list-style-type: none"> - Role of the team physician - Event administration - Preparticipation exam
7:50 am – 8:30 am	Special Considerations in sports medicine – Dr. Solomon <ul style="list-style-type: none"> - The pediatric athlete - The master's athlete - The adaptive athlete - The female athlete
8:30 am – 9:30 am	Conditioning and Training – 60 mins <ul style="list-style-type: none"> - Exercise physiology – Dr. Zeller - Biomechanics – Dr. Rogers - Principles of Musculoskeletal Rehab – Dr. Rogers - Exercise Screening, Testing and Prescription -Dr. Tu - Nutrition – Dr. Solomon
9:30 am – 9:45 am	Break
9:45 am – 11:30 am	General Medical Conditions in Athletes – Part 1 <ul style="list-style-type: none"> - Sports Cardiology – Dr. David Leslie - Sports Pulmonology – Dr. Zeller - Sports Neurology – Dr. Smith - Behavioral and Psychological Problems in Sports Medicine – Dr. David Leslie
11:30 am – 12:10 pm	Environmental considerations in sports medicine <ul style="list-style-type: none"> - Environmental Illness - Dr. Smith - Altitude – Dr. Rogers
12:10 pm – 1:10 pm	Lunch (On your own)
1:00 pm – 2:15 pm	General Medical Conditions in Athletes – Part 2 <ul style="list-style-type: none"> - Head, Ears, Nose and Throat Injuries and Conditions- Dr. Zeller - Eye Injuries and Conditions – Dr. Rogers - Sports Infectious Disease - Dr. Tu - Sports Dermatology - Dr. Solomon



2:15 pm – 3:35 pm	Injury Prevention, Diagnosis and Treatment Part 1 <ul style="list-style-type: none">- Shoulder Injuries and Conditions – Dr. Rogers- Elbow and Forearm Injuries and Conditions – Dr. Tu- Wrist and Hand Injuries and Conditions – Dr. Tu
3:35 pm – 3:50 pm	Refreshment Break
3:50 pm – 5:10 pm	Injury Prevention, Diagnosis and Treatment Part 2 <ul style="list-style-type: none">- Pelvis, Hip and Thigh Injuries and Conditions – Dr. Zeller- Knee Injuries and Conditions – Dr. Lauren Leslie- Lower Leg, Ankle, and Foot – Dr. Rogers- Spine Injuries and Conditions – Dr. Smith
5:10 pm – 5:30 pm	Closing Comments with resource review and take-home exam