

AQASM 2026




Rodeo Sports Medicine

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Financial Disclosures

- No Disclosures



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Learning Objectives

- At the end of this session, participants will be able to:
 - Identify types and most common injuries in rodeo
 - PRCA protocols regarding concussion management
 - Which event is the most dangerous and has the most injuries
 - The importance of bull fighters and preventing injuries
 - Contestant safety protection and equipment
 - The role of onsite physician covering rodeos

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My history working rodeo



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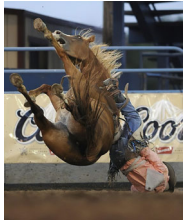
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Rodeo is considered the most dangerous sport in the world



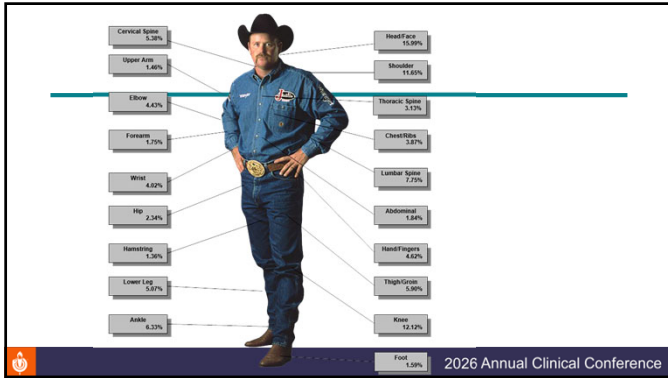
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Steer Wrestling Injuries

- Shoulder /pectoralis strains
- Knee and ankle sprains
- Contusions from horn
- Facial lacerations

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Saddle bronc and bareback injuries

- Neck including whiplash
- Ruptured biceps
- Groin
- Low back
- All lower extremities

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Roping events

- Shoulder overuse and rotator cuff from practicing
- Loss of thumb
- Leg injuries if horse goes down



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Barrel Racing Injuries

- Potential of horse falling and sustaining various upper or lower body injuries
- Injury from hitting a barrel
- Lacerations & Fractures



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Bull Riding

- Groin
- Facial lacerations
- Ribs
- Ankle
- Knees
- Femur
- Concussions

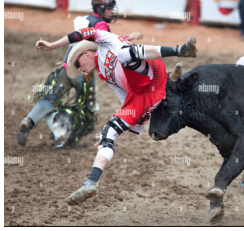


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Bullfighters

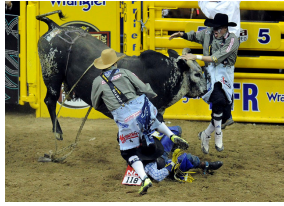
- You name it
- Concussions
- Brief history of bullfighters



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Thank God for the Bullfighters



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Arena safety



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Arena access to the Cowboy



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Evaluation and Treatment



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Pregnant Barrel Racer



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Gets a little busy at times



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Pre-Performance Preparation



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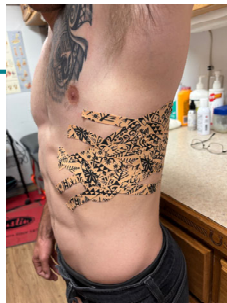
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Lots of taping and wrapping



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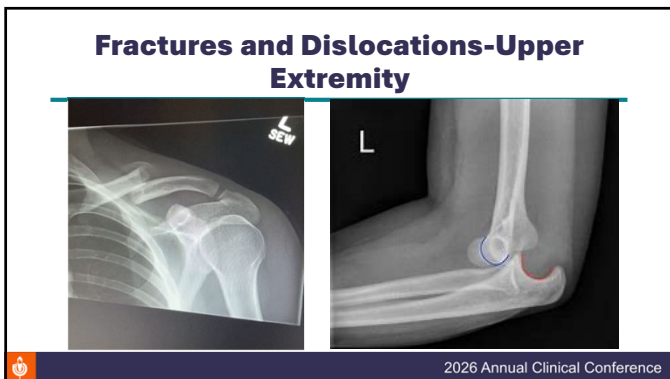
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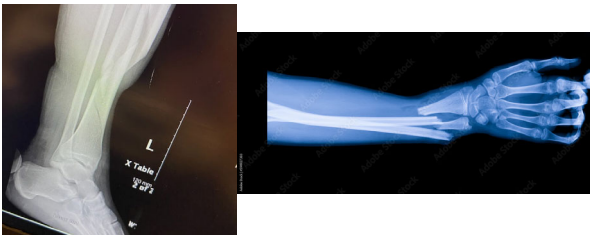
Fractures-Lower Extremity



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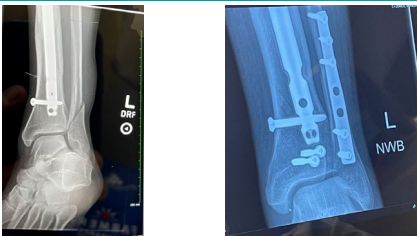
Rough stock fractures



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Not once, but twice!



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Post surgery lunch



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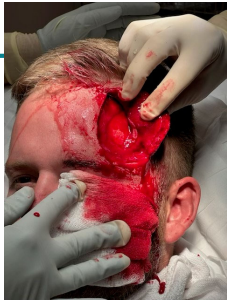
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Lacerations



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D.O. at Work



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JSM Rodeo Team in Ellensburg



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How to get into Rodeo Sports Medicine

- Submit resume to JSM and it will be forwarded to regional program manager
- The requirements for volunteer services with the Justin Sports Medicine Team are state licensure and/or national certification as an Athletic Trainer and/or Physical Therapist. The average years of experience of our staff employees (program managers) is 20 years at the university and professional levels. This experience level assures that the rodeo athlete receives the ultimate in sports medicine care while participating in the world's toughest sport.
- JSM does not offer internships because of the nature of the professional services they provide because it does not allow time conducive to a learning situation.
- Rodeo is a fast-paced endeavor with the athletes traveling on very tight schedules all across the country. They are seldom in one location long enough for multiple treatments. The best environment for internships is a clinical setting where the athletes can receive consecutive treatments on successive days. This is virtually impossible in rodeo.

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Questions?



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