



Tentative Schedule-at-a Glance

(Subject to change, times in Pacific Time)

Tuesday, April 28, 2026

Pre-Conference Workshops

7:00 am – 8:30 am	Preconference Workshop Registration Open	Leonesa Foyer
8:00 am – 5:30 pm	INTERMEDIATE / ADVANCED Diagnostic Musculoskeletal Ultrasound Course “Ultrasonography of Fasciae and Common Pathologies: The Game Changer” Course Director: Albert Kozar, DO, FAOASM, R-MSK	Discovery
8:00 am – 5:00 pm	OMT In Motion Course Director: Priscilla Tu, DO, FAOASM, FACOFP, FAAFP, FAAMA, DipABLM	Portland A
7:00 am – 5:30 pm	AOASM Sports Medicine CAQ Board Review Course Co-Course Directors: Jason Smith, DO, FAOASM and Mark Rogers, DO, CAQSM FAAFP, FAOASM	Portland B
4:00 pm – 5:30 pm	Conference Registration Open	Leonesa Foyer
6:00 pm – 9:30 pm	Board Meeting	Douglas Boardroom (6 th Floor)

Wednesday, April 29, 2026

7:00 am – 5:30 pm	Registration Open	Leonesa Foyer
7:00 am – 8:00 am	Continental Breakfast	Leonesa Foyer
7:00 am – 7:30 am	Morning Yoga with Nicole Goddard, DO	Menzies- 6 th Fl.
8:00 am – 8:30 am	Welcome and Duwamish Tribe Blessing of the Conference Brett DeGooyer, DO and Kate Quinn, DO	Leonesa
8:30 am – 9:00 am	Return to Play Following Spine Injuries and Surgeries Philip Louie, MD	Leonesa
9:00 am – 9:30 am	Rodeo Sports Medicine Rick Griffin, MS, ATC, AT-L	Leonesa
9:30 am – 10:00 am	Shared Decision Making in Return to Play Decisions Kim Harmon, MD	Leonesa
10:00 am – 10:30 am	Break	Leonesa Foyer
10:30 am – 11:00 am	Principles of the Feldenkrais Method of Somatic Education ® Sheri Cohen, GCFP, Feldenkrais® Trainer, Beth Cooper, PT, GCFP	Leonesa
11:00 am – 11:30 am	TrP / Dry Needling with LTR for Athletes Masahiro Takakura, ND, PhD, DC, LAc	Leonesa
11:30 am -12:00 pm	AOASM Business Meeting	Leonesa
12:00 pm – 1:30 pm	Lunch (on your own)	
1:30 pm – 3:00 pm & 3:30 pm – 5:00 pm <i>Concurrent Sessions</i>	Breakout A. TrP / Dry Needling with LTR for Athletes (Practical Application) Masahiro Takakura, ND, PhD, DC, LAc	Discovery
	Breakout B. ECG Interpretation in Athletes: Introducing IC25 Jonathan Drezner, MD	Leonesa
	Breakout C. Functional Biotensegrity: Clinical Assessment of Fascial Regions that will Change your Diagnostic & Therapeutic Paradigms Al Kozar, DO, FAOASM, R-MSK	Portland A
	Breakout D. Applications of the Feldenkrais Method of Somatic Education ® Sheri Cohen, GCFP, Feldenkrais® Trainer and Beth Cooper, PT, GCFP	Portland B
3:00 pm – 3:30 pm	Break	Leonesa Foyer
5:00 pm – 7:00 pm	Welcome Reception with Exhibitors	Leonesa Foyer
5:30 pm – 7:00 pm	Poster Session	Princessa
7:00 pm – 8:00 pm	Student/Resident/Fellow Session: Speed Mentoring	Leonesa


Thursday, April 30, 2026

7:00 am – 5:00 pm	Registration Open	Leonesa Foyer
7:00 am – 8:00 am	Continental Breakfast	Leonesa Foyer
7:00 am – 7:30 am	Morning Yoga with Nicole Goddard, DO	Menzies- 6 th Fl.
7:55 am – 8:00 am	Welcome Brett DeGooyer, DO	Leonesa
8:00 am – 8:30 am	Special Considerations for Athletes in the Context of the Updated Dietary Guidelines Jasmine Miller, MS, Certified Nutritionist	Leonesa
8:30 am – 9:00 am	Prevention of Sudden Cardiac Death in Athletes Jonathan Drezner, MD	Leonesa
9:00 am – 9:30 am	Break with Exhibitors	Leonesa Foyer
9:30 am – 10:30 am	Athletes and the Arts Rob Franks, DO	Leonesa
10:30 am – 11:30 am	Rusty Wright Memorial Lecture The Zackery Lystedt Story: The History of Youth Concussion Laws Stanley A. Herring, MD	Leonesa
11:30 am -1:30 pm	Lunch (on your own)	
12:45 pm – 1:30 pm	Student/Resident/Fellow Session: Journal Club (all are welcome to join)	Leonesa
1:30 pm – 3:00 pm & 3:30 pm – 5:00 pm <i>Concurrent Sessions</i>	Breakout A. Beyond the Hip and Core: Pelvic Floor Dysfunction in Female Athletes Rachel Doza, PT, DPT, PCES, Cert DN	Discovery
	Breakout B. OMT: Osteopathic Approach to the Athlete Evaluation Jeffrey Wisinski, DO, CAQSM and Larry Nolan, DO, FAAFP	Princessa I
	Breakout C. Percutaneous Tenotomy/Debridement Lab Jason Smith, DO, FAOASM	Princessa II
	Breakout D. OMT: Visceral MSK Mimickers in Sports Medicine Allison Bardowell, DO / AOASM DEI Committee	Portland
3:00 pm – 3:30 pm	Break with Exhibitors	Leonesa Foyer
5:15 pm – 6:15 pm	Committee Meetings	
6:30 pm – 7:30 pm	Award of Fellow Reception Mentor of the Year Award	Leonesa

Friday, May 1, 2026

7:00 am – 3:30 am	Registration Open	Leonesa Foyer
7:00 am – 8:00 am	Continental Breakfast	Leonesa Foyer
7:00 am – 7:30 am	Morning Yoga with Nicole Goddard, DO	Menzies- 6 th Fl.
7:55 am – 8:00 am	Welcome Brett DeGooyer, DO	Leonesa
8:00 am – 9:30 am	Case and Research Podium Presentations: Tri-Sport Athlete with Spontaneous Ascending Right Lower Extremity Paralysis Alec Staiger, DO Elbowing the Way to the Front of the Face: A Case Report Involving a Rare Presentation of Naso-Orbito-Ethmoid Fracture Kyle Hopkins, DO A Peculiar Case of Persistent Left Foot Pain in a Division I Collegiate Sprinter Jash Patel, BS The Impact of Musculoskeletal Injury on Academic Performance in Division III Collegiate Athletes Manveer Sandhu, BA and Katryna Dukehart, BA Neighborhood Socioeconomic Context and Concussion Recovery in Adolescent Athletes Emma Trussell, BA	Leonesa



9:30 am – 10:00 am	Snap Decisions in the ATR Billy Thompson, MD	Leonesa
10:00 am – 10:30 am	“My Shoulder Hurts” Billy Thompson, MD	Leonesa
10:30 am – 11:00 am	Biomechanics of the Scapula and Kinetic Chain Charlie Kenyon, DO, MS, CSCS	Leonesa
11:00 am – 11:15 am	Break with Exhibitors	Leonesa Foyer
11:15 am – 12:15 pm	Allen Jacobs Memorial Lecture / American College of Sports Medicine Exchange Lecture The agony of ‘de feet’ - biomechanical contributions of the foot to lower extremity dysfunctions and running injuries Del Bolin, MD	Leonesa
12:15 pm – 12:30 pm	Awards Presentations Case and Research Podium, Case and Research Poster, Sports Medicine Chapter of the Year, Altruistic Chapter of the Year John Luksch, DO, FAOASM, Nicholas Bohannon, Brett Sprouse, DO, MBA, CAQSM, FAOASM	Leonesa
12:30 pm – 1:30 pm	Lunch (on your own)	
12:30 pm – 1:00 pm	Student/Resident/Fellow Luncheon (pre-registration required)	Princessa I/II
1:00 pm – 1:30 pm	Fellowship Fair	Princessa I/II
1:30 pm – 3:00 pm	Student/Resident Breakout Workshops	Princessa II
1:30 pm – 2:30 pm	The Industrial Athlete: Understanding the Game Kevin Valvano, DO, FAOASM	Leonesa
2:30 pm – 3:00 pm	Martial Arts: Kendo and Capoeira Jessica Huerta, DO, MS	Leonesa
3:00 pm – 3:30 pm	Genicular Artery Embolization and Other Non-Op Procedures for KOA Jen Trpkovski, DO, FAOASM, CAQSM	Leonesa
3:00 pm – 3:30 pm	Student/Resident Session: High Yield Topics Jeopardy Style	Princessa I/II
3:30 pm – 3:45 pm	Break	Leonesa Foyer
3:45 pm – 4:30 pm	nTOS (with surgical perspective) Charlie Kenyon, DO, MS, CSCS and Matt Smith, MD, PhD	Leonesa
4:30 pm – 5:00 pm	Sport Wellness and Nutrition Chris Lewis, ARNP, BC-ADM, CDCES, DipACLM	Leonesa
5:00 pm – 5:30 pm	Anxiety in Elite Athletes: Recognition and What to Do in the Office Visit Julie Lord, MD	Leonesa
6:45 pm	Group Outing – Kansas City Royals @ Seattle Mariners	T-Mobile Park

Saturday, May 2, 2026

7:00 am – 11:45 am	Registration Open	Leonesa Foyer
7:00 am – 8:00 am	Continental Breakfast	Leonesa Foyer
7:00 am – 7:30 am	Morning Yoga with Nicole Goddard, DO	Menzies- 6 th FL.
7:55 am – 8:00 am	Welcome Brett DeGooyer, DO	Leonesa
8:00 am – 8:30 am	Regenerative Medicine in the Athlete Adam Pourcho, DO	Leonesa
8:30 am – 9:30 am	Sports Dentistry Hans Stasiuk, DMD, FASD	Leonesa
9:30 am – 9:45 am	Break	Leonesa Foyer
9:45 am – 10:15 am	ACL Repair / BEAR Procedure Christian Peterson, DO	Leonesa
10:15 am – 11:15 am	Neuroplastic Pain in Athletes at All Levels Carrie Beall, DO, CAQSM, FAOASM	Leonesa
11:15 am – 11:45 am	Exercise Programs after Injury Kaleb Redden, DO	Leonesa
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